



COMMUNITY SERVICES

2018 Year-End Report

Protective Services

Fire - Rescue

RCMP

Municipal Enforcement

FCSS & Parent Link

Special Transportation

Recreation Services

Cold Lake Marina

Energy Centre/Event Centre

Cold Lake Golf and Winter Club

Parks



Cold Lake Fire-Rescue

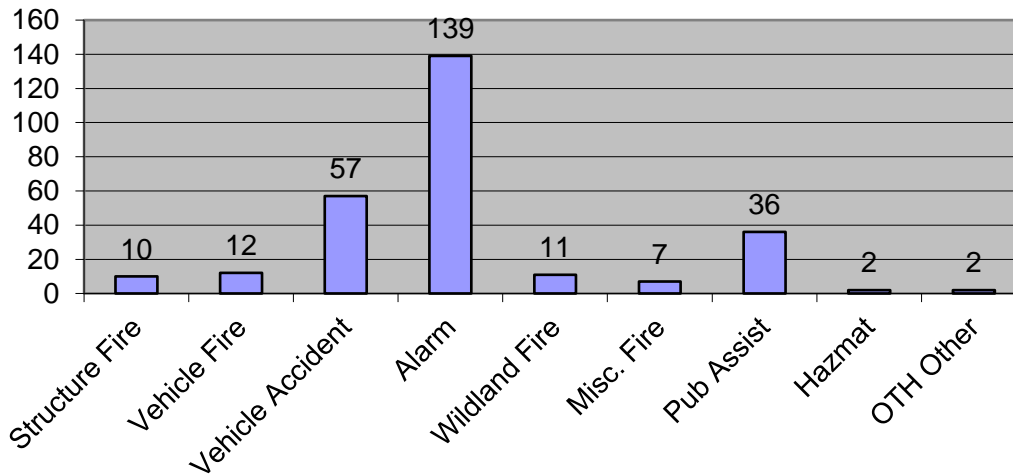
2018 Fire Stats by Month



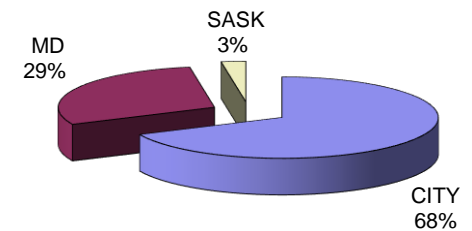
		SF	VF	VA	AL	WF	MF	PA/AA		R			
MONTH	TOTAL	Structure Fire	Vehicle Fire	Vehicle Accident	Alarm	Wildland Fire	Misc. Fire	Pub Assist	Hazmat	OTH Other	CITY	MD	SASK
Jan	24	0	2	5	15	0	0	1	1	0	16	8	0
Feb	13	0	1	1	9	0	0	2	0	0	11	2	0
Mar	19	1	1	4	9	0	2	2	0	0	14	5	0
Apr	26	2	2	3	11	2	1	4	1	0	18	7	1
May	35	1	0	5	12	8	1	7	0	1	19	16	0
Jun	33	1	0	8	19	1	0	4	0	0	23	9	1
Jul	31	1	1	8	16	0	1	3	0	1	23	8	0
Aug	16	1	2	1	9	0	0	3	0	0	9	7	0
Sep	16	1	1	5	5	0	1	3	0	0	9	5	2
Oct	15	0	0	5	6	0	0	4	0	0	10	3	2
Nov	25	1	1	6	15	0	1	1	0	0	19	6	0
Dec	23	1	1	6	13	0	0	2	0	0	17	5	1
TTL YEAR	276	10	12	57	139	11	7	36	2	2	188	81	7
	100.0%	3.6%	4.3%	20.7%	50.4%	4.0%	2.5%	13.0%	0.7%	0.7%	68.1%	29.3%	2.5%

276

Incidents by Type 2018



Incidents by Location 2018



COLD LAKE RCMP DETACHMENT & COLD LAKE VICTIM SERVICES SOCIETY

2018 YEAR END REPORT

COLD LAKE RCMP

The Royal Canadian Mounted Police at Cold Lake currently has a detachment strength of 36 personnel. The Detachment is comprised of 1 Staff Sergeant, 1 Sergeant, 4 Corporals, 21 Constables, and 9 Detachment Clerks (6 Municipal Employees and 3 Public Service Employees). The detachment area is geographically large and diverse with policing responsibilities for the City of Cold Lake, the eastern portion of the MD of Bonnyville, the Cold Lake First Nations and the Elizabeth Métis Settlement.

The RCMP at Cold Lake provides 24-hour policing services every day of the year. Having RCMP Members available at all times promotes better service delivery and more timely response to calls for service. Cold Lake Detachment has 3 separate watches of Constables who work under the direction of a Corporal supervisor. These 3 Watch supervisors, the General Investigation Section (GIS) Corporal and the Police Dog Service report to the Sergeant Operations NCO, who reports to the Staff Sergeant Detachment Commander. The Staff Sergeant reports to the Chief Superintendent in charge of Eastern Alberta District (EAD) located in St. Paul.

Based on PROS data, Cold Lake generated a total of 8823 files in 2018; a decrease of 70 files or .8% when compared to 8893 files generated in 2017. The Cold Lake Municipal generated 5,587 files a 3.8% 210 file decrease when compared to 5,697 files generated in 2017. The Cold Lake Provincial generated 3,336 files, a 4.4% 140 file increase when compared to 3196 files generated in 2017.

In 2018, the General Investigations Section (GIS) investigated organized crime, specifically the trafficking of illegal drugs. Numerous charges were laid and some are pending further investigation. The unit also assisted with the targeting of prolific offenders by conducting surveillance on known perpetrators heavily involved in drug use and stolen property. The GIS team contributes by building partnerships with the Edmonton Major Crimes Unit, EAD Crime Reduction Unit, Social Development agencies, Corrections, Probation, the MD of Bonnyville and City Peace Officers, all with a view to better serve our community. The team is focused on gathering this intelligence from numerous sources within the community which include but are not limited to: general interactions with the public, anonymous tips from the public, active confidential informant recruitment and inter-agency sharing of information.

The Police Dog Unit started with the Cold Lake Detachment on May 17, 2018. The Unit has been instrumental in apprehending numerous suspects. By the end of 2018 the handler and his dog, Harp, were directly involved in a total of 189 files: 97 within Cold Lake and 92 outside the Cold Lake area. They captured 62 persons: 33 within Cold Lake and 29 outside the City Limits.

For the 2018 calendar year, 1,206 prisoners were held in Cold Lake Detachment cells, compared to 1,280 prisoners in 2017, this is a decrease of 74 prisoners and a decrease in prisoner count volume of 6%.

The Cold Lake RCMP Detachment is broken down into the following contracts (a "contract" indicates different funding sources or funding structures):

Provincial Policing

MD of Bonnyville (Eastern portion), Cold Lake First Nations, and Elizabeth Métis Settlement:

10 RCMP Members, comprised of 1 Staff Sergeant, 2 Corporals and 7 Constables. One of the 7 Constables is committed to the General Investigation Section (GIS) as a developmental secondment and 1 Constable is committed to the Elizabeth Metis Settlement under an Enhanced Agreement, as noted below.

Municipal Policing

City of Cold Lake:

17 RCMP Members, comprised of 1 Sergeant, 2 Corporals, and 14 Constables. This includes: The General Investigation Section, made up of 1 Corporal and 1 Constable; and the Police Service Dog Master and his K9 partner.

First Nations Policing

Cold Lake First Nations and Elizabeth Métis Settlement:

There are currently no Enhanced Policing Agreement positions on the Cold Lake First Nations. However, we have recently designated 1 of the Provincially funded Corporals as the Indigenous Policing Liaison. This member supervises the Elizabeth Métis Settlement Enhanced Constable and works closely with Cold Lake First Nations and Elizabeth Métis Settlement to enhance working relationships, form partnerships, and implement community programming. 1 Constable is assigned solely to the Elizabeth Métis Settlement pursuant to an Enhanced Policing Agreement (1 of the 10 Provincial positions).

Support Staff for all Contracts

9 Support Staff are responsible for assisting members, receiving complaints from the public and keeping the office running smoothly. The Support Staff are comprised of 3 Federal Public Service Employees that includes 1 Office Manager and 2 Detachment Services Assistants, 6 Municipal Support Staff Employees which include 3 Watch Clerks, 2 Detachment Clerks, and 1 Operational/Training Clerk (newly implemented late 2018).

STAFFING

There were 5 transfers from the Cold Lake Detachment in 2018. The 5 Members transferred away this year were Staff Sergeant Jeremie Landry, and Constables Jody Mattinson, Anastasia Fedorova, James Miller, and Caroline Jones. "K" Division RCMP Staffing and Personnel have been doing a good job filling the positions as required. There have been 6 transfers to the Detachment in 2018; Detachment Commander Staff Sergeant Scott Buchanan, Corporal Marie-Eve Mackenzie-Plant in charge of the General Investigation Unit and Constable Jason Jaques with the Police Dog Service. We also received three newly appointed Constables; Jessi Sharma, Ryan Baillie and Thomas Harris. There were 6 maternity and paternity leaves during 2018 along with some cases of extended medical leave.

We had 2 Municipal Detachment Clerks join our team in 2018; Doryn Cross and Lorine Hinse (who filled the new Detachment Clerk position provided from funding by the MD of Bonnyville). A Public Service

Detachment Services Assistant went on maternity leave in December; this position has been back-filled and the new hire will start on the completion of their security clearance (expected to be this Spring).

2018 ANNUAL HIGHLIGHTS

Cold Lake Detachment and Victim Services has participated in many highlights, which illustrate the continued partnerships we enjoy in the communities we serve. The list is not comprehensive, but is indicative of the type of activities that go on outside the enforcement function.

- January, 2018 - Cold Lake RCMP and Cold Lake VSU participated in Festival of Words.
- February, 2018 - Cold Lake RCMP and Cold Lake VSU delivered a Bully Awareness presentation at Cold Lake & District FCSS.
- February, 2018 - Cold Lake RCMP and Cold Lake VSU delivered a Drug Awareness presentation at the Le Goff School on CLFN
- March, 2018 - Cold Lake RCMP and Cold Lake VSU delivered two Distracted driving presentation at the Cold Lake High School.
- April, 2018 - Cold Lake RCMP and Cold Lake VSU delivered a presentation to the Community Helpers group at the Cold Lake High School.
- April 2018 - 3rd Annual Cold Lake Charity Hockey Game Raised over \$22,000.00 with Cold Lake Fire-Rescue for Cold Lake Victim Services
- May, 2018 - Cold Lake RCMP and Cold Lake VSU participated in Mc Happy Days at McDonald's.
- May, 2018 – Cold Lake RCMP and Cold Lake VSU organized and delivered a Bike Rodeo held at Le Goff School on Cold Lake First Nations.
- May 2018 - Cold Lake RCMP and Cold Lake VSU participated in a Community fair at Elizabeth Metis Settlement.
- May, 2018 - Cold Lake RCMP and Cold Lake VSU delivered an Elder Abuse presentation at the Cold Lake Senior's as for Victims and Survivors of Crime Week 2018.
- June, 2018 – Cold Lake RCMP and Cold Lake VSU organized and delivered a Bike Rodeo held at Elizabeth School on Elizabeth Metis Settlement.
- June, 2018 - Cold Lake RCMP and Cold Lake VSU participated in Camp Day at Tim Horton's.
- June, 2018 - Cold Lake RCMP and Cold Lake VSU delivered an Elder Abuse presentation for the seniors at Elizabeth Metis Settlement.

- June, 2018 - Cold Lake RCMP and Cold Lake VSU participated in the Aboriginal Day Parade and aboriginal Day celebrations at Cold Lake First Nations.
- June, 2018 – Cold Lake RCMP participated in a Bike Rodeo held at Cold Lake & District FCSS.
- July, 2018 – Cold Lake RCMP participated in the Canada Day Parade and Canada Day celebrations.
- July, 2018 - Cold Lake RCMP and Cold Lake VSU participated in Treat Days at Cold Lake First Nations.
- August, 2018 - Cold Lake RCMP and Cold Lake VSU participated in the Cold Lake Community Registration Day.
- August, 2018 - Cold Lake RCMP and Cold Lake VSU participated in “Walk a Mile in her Shoes” event that was put on by the Margret Savage Crisis Centre.
- September, 2018 - Cold Lake RCMP participated in a pink walk put on by Cold Lake Bully Free.
- October, 2018 - Cold Lake RCMP delivered Halloween Safety presentations at the Cold Lake First Nations Le Goff School.
- October, 2018 - Cold Lake RCMP and Cold Lake VSU delivered a Distracted driving presentation at the Cold Lake High School.
- November 2018 - Cold Lake RCMP and Cold Lake VSU delivered a Family Violence presentation at Elizabeth Metis Settlement.
- November 2018 - Cold Lake RCMP and Cold Lake VSU participated in a Community fair at Elizabeth Metis Settlement.
- November, 2018 - Cold Lake RCMP and Cold Lake VSU participated in a community Check Stop on the Cold Lake First Nations with Dene Wellness.
- November, 2018 – Cold Lake RCMP and Cold Lake VSU participated in National Child’s Day by having a Child Find ID booth at the Cold Lake Energy Centre.
- November to December, 2018 - 8th Year of Operation Red Nose in Cold Lake. 278 rides were given with a total of 4500 kms traveled. 68 volunteers over 11 nights of operation. \$5487.89 in donations that will go to help out children victims of crime or tragedy.
- November, 2018 - Cold Lake RCMP conducted a Candy Cane check stop with Cold Lake VSU in the City of Cold Lake.
- December, 2018 – Pack the PC fund-raiser was held for Cold Lake Food Bank and Cold Lake Victim Services with Cold Lake RCMP, Military Police, Cold Lake Peace Officers and Fish and Wildlife.

- December, 2018 - Cold Lake RCMP and Cold Lake VSU delivered a Drug Awareness presentation at the Le Goff School on CLFN.

The members of the Cold Lake Detachment have been, and continue to be, visible in the Community working with our various partner agencies. Our involvement included, but is not limited to school visits/presentations, joint patrols/presentations with City and MD Peace Officers, Community Group presentations, Operation Red Nose, Charity Hockey Game with Cold Lake Fire Rescue, Cold Lake Search and Rescue Society and Community Response to Elder Abuse Team (CREAT).

POLICING PRIORITIES

Each year the Cold Lake RCMP prepares an Annual Performance Plan. These plans are prepared through consultation with elected officials and community groups representing the entire area policed by the Cold Lake Detachment. This plan is a yearly document; however, it is managed on the RCMP fiscal year which is from April 1, 2018 to March 31, 2019. Below are some of the year to date (YTD) third quarter results for this annual planning document (ie. *this reflects ¾ of the 2018/19 year*).

Priorities	Year's Goal	YTD
1) Safer roads, Safer Communities		
• Enhance Road Safety: Checkstops	78	46
2) Reduce Impact of Habitual Offenders on the Community		
• Crime Reduction/Warrant Roundups	12	59
3) Contribute to Safer Youth: build and maintain positive relations within the RCMP and with our partners		
• Community & Youth Events/Contacts	278	263
• Meetings with Community and Working Partners	18	27
4) Contribute to Employee Wellness		
• Employee Fitness Sessions	24	21
5) Contribute to Safer and Healthier Aboriginal Communities		
• Increase community involvement.....	78	54

2018 Uniform Crime Reporting (UCR) Statistics

City of Cold Lake

CRIME TYPE	2018	2017	2016
Traffic Offences Criminal Code	121	117	130
Traffic Offences	1095	1219	1184
Provincial Statutes	1117	1053	304
Other Criminal Code	591	634	593
Drug Enforcement	76	93	96
Crimes Against Persons	478	438	441
Crimes Against Property	1184	1410	1301

Rural (MD of Bonnyville)

CRIME TYPE	2018	2017	2016
Traffic Offences Criminal Code	49	41	53
Traffic Offences	724	837	801
Provincial Statutes	173	145	42
Other Criminal Code	54	83	73
Drug Enforcement	14	11	13
Crimes Against Persons	62	58	55
Crimes Against Property	265	330	335

Cold Lake First Nations (149, 149A, 149B)

CRIME TYPE	2018	2017	2016
Traffic Offences Criminal Code	22	7	15
Traffic Offences	48	37	109
Provincial Statutes	163	154	65
Other Criminal Code	90	62	128
Drug Enforcement	10	6	20
Crimes Against Persons	128	93	173
Crimes Against Property	270	196	247

Elizabeth Métis Settlement

CRIME TYPE	2018	2017	2016
Traffic Offences Criminal Code	2	2	4
Traffic Offences	26	48	14
Provincial Statutes	39	23	20
Other Criminal Code	16	25	40
Drug Enforcement	0	2	3
Crimes Against Persons	31	54	34
Crimes Against Property	51	77	57

COLD LAKE VICTIM SERVICES SOCIETY

Cold Lake Victim Services is proud that we have been serving the community of Cold Lake and area for 27 years. Assisting those impacted by crime or tragedy in our community. Cold Lake VSU once again had a record breaking amount of referrals with 1078 files in 2018. Cold Lake VSU seeks to ensure that our clients work towards a state of well-being after experiencing a crime or tragedy.

Cold Lake Victim Services is a not for profit organization, which operates under the guidance of the RCMP. Our Program consists of an RCMP and a Military Liaison Officer, a volunteer Board of Directors, a group of volunteer advocates and three staff members. Cold Lake Victim Services helps people through difficult times. Under the guidance and direction of the Cold Lake RCMP, we provide support, information, and referral services to crime/tragedy victims and their families. Our services are available on a 24-hour basis, they are free and confidential.

We also provide resource material and information on crime information as well as Alberta Justice and Solicitor General – Victims Programs, such as the Financial Benefits, the Victim Impact Statement and the Request for Restitution. Another important aspect of the victim service program is assisting victims going through the Judicial System. Many victims of crime have never been inside a court house. This can be a confusing and traumatic experience which can go on for many months or even years. Trained victim service advocates offer court preparation, court support and keep victims up to date on court proceedings.

A very important piece of victim service work in the Cold Lake region is Victims of Crime Indigenous outreach programming. Cold Lake Victim Services has collaborations between the Cold Lake First Nations and Elizabeth Métis Settlement that are long standing, and are built on strong partnerships. We pride ourselves on our outreach programming in these two communities. We are considered a trusted and accepted “community resource”, by leaders in these Indigenous communities. Building on this trust, we, at Cold Lake Victim Services are dedicated to moving this program forward through our tried and tested team approach.

In 2018, our accomplishments include the National Victims of Crime Awareness week in May – June, the third annual RCMP vs Fire-Rescue Charity Hockey Game. Also, our ongoing involvement with community initiatives that include: Cold Lake Bully Free, Child Find ID kits at the Parent Link centre at FCSS Cold Lake and District, Bike Rodeos for the City of Cold Lake, Cold Lake First Nations and the Elizabeth Métis Settlement, various community presentations and Pack the Patrol Car in December. 2018 also marked our final season hosting Operation Red Nose, Cold Lake Victim Services would like to thank all of our partners, volunteers, sponsors and clients for their support over the past eight seasons. **We know that our program, run by the community, for the community, has made a significant and lasting impact in helping to reduce impaired drivers and creates greater awareness about obtaining a safe ride home during the Christmas season.**

Cold Lake is a not-for-profit organization and our services are free and confidential. For more information, to become a volunteer, to make a contribution or for a presentation about our organization people can inquire at 780-594-3302 ext.3. People can also visit our website at: <http://www.coldlakevictimservices.com>.

The following are some of the notable statistics for Cold Lake Victim Services for the 2018 calendar year:

Victim Services Incident Type

INCIDENT TYPE	2018	2017	2016
Domestic/Family Violence	494	407	392
Assaults	119	117	121
Sexual Assaults	50	55	48
Mischief/Property Damage	48	43	66
Theft and Fraud	121	156	107
Threats and Harassment	52	70	37
Sudden Death	27	26	29
Suicide /Threat of	29	32	38
Motor Vehicle Related	12	19	23
Fire/Arson	13	11	7
Break and Enter	57	56	34
Robbery	21	13	15
Homicide Related	7	9	2
Impaired Driving	3	2	2
On-line Related	5	5	5
Indecent Acts	0	1	2
Drug Related	0	2	0
Non-Criminal Assistance	20	52	28
TOTAL	1078	1076	956

Victim Services Location Occurrence


LOCATION	2018	2017	2016
City of Cold Lake	647	686	617
MD of Bonnyville	138	121	87
Cold Lake First Nations	180	138	166
Elizabeth Métis Settlement	53	97	40
Outside Referrals	60	34	46
TOTAL	1078	1076	956

The Cold Lake RCMP, in partnership with Cold Lake Victim Services, is pleased to present this annual report to the communities we serve to help facilitate a greater awareness of the services and programs that are available to all citizens of the Cold Lake region. It has been an absolute pleasure working with and serving the City of Cold Lake, MD of Bonnyville, the Cold Lake First Nations and the Elizabeth Métis Settlement over the past year. Cold Lake RCMP in partnership with Cold Lake Victim Services are looking forward to continuing to provide excellence in policing and services to victims of crime and tragedy in 2019.

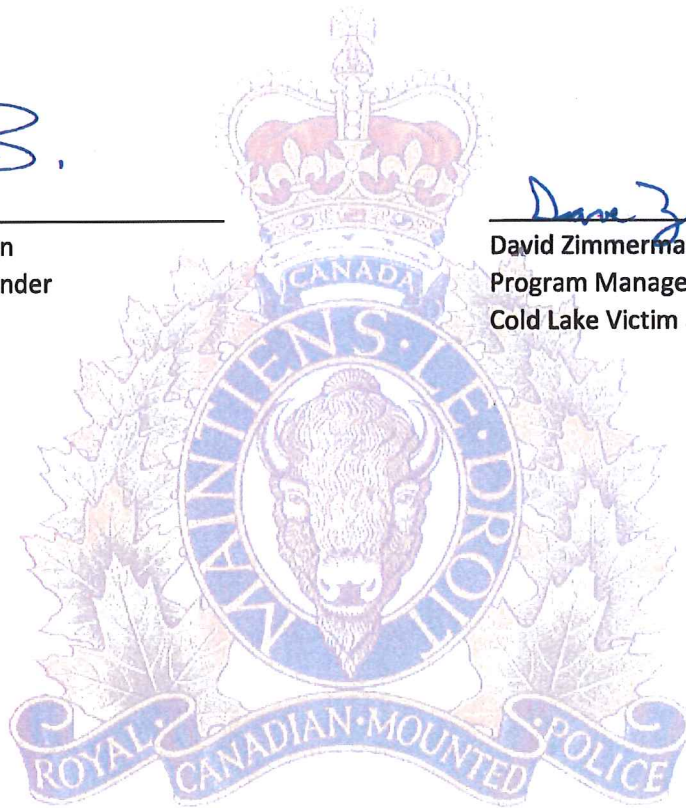
Should you have any questions regarding this report, please contact the Cold Lake RCMP at 780-594-3302 extension "0" or Cold Lake Victim Services extension "3."



S/Sgt. Scott Buchanan
Detachment Commander
Cold Lake RCMP



David Zimmerman
Program Manager
Cold Lake Victim Services



Dissemination List:

City of Cold Lake
MD of Bonnyville
Cold Lake First Nations
Elizabeth Métis Settlement
Eastern Alberta District

2019

Cold Lake Municipal Enforcement Annual Report



Ryan Deschamps

City of Cold Lake

1/10/2019



Municipal Enforcement Annual Report 2018

For the year of 2018 Cold Lake Municipal Enforcement went through significant changes stemming from staffing levels which fluctuated, to bylaw focused education and enforcement, the discontinuation of the Automated Traffic Enforcement program, a revised focus on area specific divisions throughout the city and additional focus in community engagement.

Throughout the year of 2018 the department filled all vacancies with five fully trained Community Peace Officer Level Ones, one Senior Community Peace Officer and one term Bylaw Officer, but was not active in 2018. The department encountered some struggles in respect to staffing during 2018. Vacancies included required training, long-term illness and injury and a resignation. Although the department faced these challenges, the dedication to public safety for the residents of Cold Lake continued to be a priority for Cold Lake Municipal Enforcement.

The fully staffed department works a rotating schedule operating during 0600 to 0000 hours, Monday to Thursday, 0600 to 0200 hours, Friday to Saturday and 0800 to 0000 hours on Sunday, but was managed accordingly to maintain coverage during vacancies. The officers' conduct various duties and tasks throughout shifts, such as providing education and enforcement to members of the public in regards to Municipal Bylaws and Provincial Acts, in addition to maintaining and cataloguing lost and found bicycles within the city. Education continues to be provided through an informative process, or addressed on a complaint received basis and delivered in a manner to work with all parties involved in an incident, to ultimately gain voluntary compliance.



The officers with Cold Lake Municipal Enforcement take on several tasks throughout their shifts to ensure public safety, while continually providing prompt, professional customer service to the community. On a regular basis, officers respond to complaints from the public, in respect to animal care and control concerns, traffic control and enforcement tasks, partake in community engaged initiatives, special duties while assisting outside agencies and continually conduct proactive patrols and enforcement throughout the community.

Cold Lake Municipal Enforcement has an outstanding relationship with the Cold Lake RCMP, Cold Lake Fire - Rescue, Cold Lake Ambulance Society, Cold Lake Victim Services, Alberta Fish and Wildlife Officers in the region, Municipal District of Bonnyville Public Safety Department, Commercial Vehicle Enforcement officers in the region and the Cold Lake CFB 4 Wing Military Police. Cold Lake Municipal Enforcement continues to maintain good standing relationships with other organizations such as Alberta Municipal Enforcement Association and Alberta Association of Community Peace Officers.

Cold Lake Municipal Enforcement continually assesses the needs of the community in terms of providing education to ongoing concerns in the City and listening to the concerns of residents. Officers are very passionate, engaged and approachable within the community. Cold Lake Municipal Enforcement is always looking for new methods to contribute and give back to the community, which is evidenced by ongoing involvement with community initiatives and public relations events. Cold Lake Municipal Enforcement continues to work closely with fellow emergency services, community partners, non-profit organizations and local business partner's to host season specific presentations and charity events throughout the year. With these events, the department continues to focus on providing education to participants which promotes public safety and awareness throughout the community.



These events include bicycle rodeos, initiatives with the Cold Lake and District FCSS with Peace Officer meet and greets and neighborhood block party events. Moreover, Cold Lake Municipal Enforcement initiates pedestrian safety presentations with local students and parents while participating in National Child Day and regular school visits. In addition, Cold Lake Municipal Enforcement works with local radios stations and city media sources to disseminate announcements following the Traffic Safety Calendar and season based public safety and bylaw topics.

Events often covered consist of the annual Pumpkin Patrol which provides Halloween safety tips, Pack a Patrol Car which is a Christmas food drive with donations gathered going to the local food bank. Fill a Boat is a summer month based food drive, with donations gathered going to the local food bank. "A Message From Our Kids" challenge encourages all grade 3 classes in Cold Lake to create the best safety messages for residents, which officers distribute upon making contact with motorists. The annual CPO Skate is another great community based initiative. Officers engage with families, while enjoying a friendly ice skate and collecting hockey related donations for local schools. Lastly the Junior Investigator program which encourages youth to locate officers and collect the officers CPO Collector Card in an effort to collect all cards and receive a prize.

Currently the Cold Lake Municipal Enforcement Department, works under the Protective Services Department, which is operated by Manager and Fire Chief, Jeff Fallow. Cold Lake Municipal Enforcement is operates out of the Fire-Rescue Headquarters in Cold Lake south.



Staff Members

- Senior Community Peace Officer Ryan Deschamps (December 3, 2012) Reg.14700
- Community Peace Officer Gregory Brown (October 10, 2017) Reg. 16858
- Community Peace Officer Simon Crevier (April 18, 2016) Reg. 16285
- Community Peace Officer Corey Greene (December 13, 2016) Reg. 16457
- Community Peace Officer -Vacant
- Community Peace Officer Michael Purvis (April 20, 2015) Reg. 15586

Former Members

- Community Peace Officer Robert Mercer (April 29, 2013 to December 19, 2018) Reg. 14818

Vehicles and Equipment

- 2009 Dodge Charger (replaced)
- 2018 Ford Explorer Interceptor Utility
- 2009 Ford F150 (to be replaced)
- 2017 Dodge Charger
- 2015 Dodge Ram 1500
- All vehicles have traffic and parking control devices, animal control equipment
- Each vehicle has a Dell Rugged computer work station assigned to unit
- Each vehicle has Dual Stalker Radar units front and rear
- Vehicles are equipped with emergency lights and siren packages
- All vehicles have GPS and work alone capabilities
- Each vehicle has a functioning patrol unit radio Digital Cameras
- LED Flares and Pylons for traffic control
- LED traffic wands
- Green Peace Officer reflective safety vest
- First Aid Kit
- Fire Extinguisher



Continued

- Hard catch poles for animal control
- Bite prevention gloves and muzzle kits
- Jumper Cables
- Cat kennels
- Naloxone Kit per officer
- Martel Electronics in car camera system
- 3M Half Mask, P100 cartridges
- Purchased replacement vehicle 2018 Dodge Ram 1500
- 3M Sound Detector SD - 200

Traffic Enforcement Equipment

- LTI 20:20 Ultralyte (to be replaced)
- Stalker Dual DSR Vehicle Radar
- Spotting Scope

Cold Lake Municipal Enforcements Jurisdiction

- City of Cold Lake municipal boundaries
- Hwy 28 within the urban area of the municipality (80 km/h speed limit)
- CFB 4 Wing, Animal Control Concerns as per MOU

Cold Lake Municipal Enforcement Duties and Authorities

- Officers enforce the following Provincial Statutes which fall under their Appointments:
 - Animal Protection Act
 - Dangerous Dogs Act
 - Environmental Protection and Enhancement Act, Part 9, Division 2
 - Fuel Tax Act
 - Gaming, Liquor and Cannabis Act
 - Petty Trespass Act
 - Provincial Offences Procedures Act
 - Traffic Safety Act



Continued

- Trespass to Premises Act
- Tobacco and Smoking Reduction Act

- Officers enforce City of Cold Lake Municipal Bylaws
- Animal welfare and animal control concerns
- Lost or stolen bicycle collection and documentation
- Proactive patrols of City on foot or in vehicle
- Respond to Requests for Service from members of the public
- Assist outside agencies as required
- Assist with Special Events / Emergency Incidents

Cold Lake Municipal Enforcement Training and Seminars

- January 2018, Naloxone Kit training, Alberta Health Services.
- January 2018, two officers attended a Fentanyl presentation, presented by the RCMP.
- January 2018, E-learning WHMIS training initiated. Self-paced manner.
- February 2018, all officers have been registered and courses added to ELearning profiles on Canadian Police Knowledge Network.
- February 2018, E-learning 2015 WHMIS training ongoing. One members to complete in self-paced manner.
- February 2018, Two Peace Officer completed Use of Force and OC spray recertification.
- February 2018, Winter AACPO conference was attended by three Peace Officers.
- February 2018, One officer attended a Facilitator Workshop for OHV Helmet Safety.
- April 2018, Two Peace Officers completed annual Use of Force recertification.
- June 2018, Municipal Enforcement along with the Cold Lake FCSS completed Child Safety Seat Technician training by St. Johns Ambulance. Three Peace Officers completed training as Car Seat Technicians.



Continued

- August 2018, One Peace Officer, successfully completed Community Peace Officer Induction Program training. The Peace Officer attended training for six weeks in Edmonton.
- October 2018, IMT 100 training was completed by one Peace Officer.
- October 2018, One Peace Officer completed annual Use of Force and OC spray rectification in TPR.
- October 2018, Three Peace Officers attended the Fentanyl and Cannabis Symposium hosted by the Government of Alberta.

City of Cold Lake Automated Traffic Enforcement Program

The City of Cold Lake and Protectives department, along with the Cold Lake RCMP implemented the Automated Traffic Enforcement Program with the assistance of Global Traffic Group Ltd. The very new program commenced on August 25, 2016. The program was introduced as tool to assist, address and accommodate the community's needs pertaining to speed enforcement, red light and stop sign violations and school zone safety. The program was designed to assist the frontline enforcement agencies by utilizing ATE, as method of strengthening public safety and gaining voluntary compliance through enforcement.

Currently, the program has one ATE operator and one mobile ATE vehicle, which is used for enforcement operations. Various hazardous areas throughout the community have been identified as locations of concern and are regularly monitored by the ATE operator. The program is a third party operation, which looks after all certifications, equipment, staffing and other operational necessities. The Global Traffic Group did report to the Protective Services department and the Cold Lake RCMP. As of October 2018, the program had made 2,015 owner/driver contacts, intersection contacts consisted of 387, speed contacts made including contacts in school/playground zones consisted of 1,628.



ATE Program Staff Members

- Community Peace Officer Michael Purvis Reg. 15586
- Community Peace Officer Brent Bachman Reg. 16107
- Community Peace Officer Robert Beaupre Reg. 16108
- Community Peace Officer Monique D'Aoust Reg. 16109
- Community Peace Officer Cynthia Huber Reg. 16110
- Community Peace Officer Drew Kurie Reg. 16112
- Community Peace Officer Scott Steeves Reg. 16113
- Community Peace Officer Amanda Yardley Reg. 16115
- Community Peace Officer Bobbi-Ann Dunn Reg. 16597
- Community Peace Officer Holly Westover Reg. 16602
- Community Peace Officer Sabrina Wiwianka Reg. 16603
- Community Peace Officer Holly Poirier Reg. 16618
- Community Peace Officer Brandon Bohnet Reg. 15867
- Community Peace Officer Sonia Joyal Reg. 16111
- Community Peace Officer Donald Szymiec Reg. 16114
- Community Peace Officer Jacquelyn Vanderschaaf Reg. 16116
- Community Peace Officer Ashley Andruik Reg. 16147
- Community Peace Officer Fiona Derksen Reg. 16316
- Community Peace Officer Corrie Pusch Reg. 16318



Protective Services

The program was expected to continually promote public safety, education and awareness throughout the community, ultimately making the roads safer for everyone. The program concluded in October 2018. No current options regarding ATE have been implemented at this time.

Community Initiatives and Public Relations Events – 2018

- March 2018, Municipal Enforcement hosted and participated the annual CPO Skate at the Energy Centre.
- April 2018, Municipal Enforcement hosted and participated the annual Chamber of Commerce Home and Leisure Tradeshow.
- April 2018, Municipal Enforcement provided assistance and was a visible presence during the Nelly concert at the Energy Centre.
- April 2018, Municipal Enforcement participated in the Cold Lake FCSS, Family Fun Night and relayed information pertaining to emergency preparedness.
- April 2018, Municipal Enforcement provided the remaining donations from the CPO Skate to Holy Cross and Northstar Elementary schools
- May 2018, Municipal Enforcement participated and presented a career presentation regarding the Community Peace Officer occupation for the Youth Achievement Program.
- May 2018, Municipal Enforcement participated in the Cold Lake FCSS Peace Officer Meet and Greet.
- May 2018, Municipal Enforcement provided assistance with traffic control during the annual Run for Ronald Event.
- June 2018, Municipal Enforcement participated in a youth respectful recognition event at Cold Lake Elementary.
- June 2018, Municipal Enforcement hosted and participated in the annual Fill The Boat.
- June 2018, Municipal Enforcement participated in the Annual Cold Lake FCSS Bike Rodeo.



Continued

- June 2018, Municipal Enforcement provided assistance with traffic control during the annual Canada Day Fun Run Event and Canada Day parade. Municipal Enforcement conducted patrols and provided a visible presence during Canada Day fireworks and festivities at the Cold Lake waterfront.
- June 2018 Municipal Enforcement provided a visible presence during the Cold Lake High School graduation ceremony.
- July 2018 Municipal Enforcement provided assistance with traffic control during the annual Canada Day Fun Run Event and Canada Day parade. Municipal Enforcement conducted patrols and provided a visible presence during Canada Day fireworks and festivities at the Cold Lake waterfront.
- July 2018 Municipal Enforcement provided assistance with traffic control during the Cold Lake Air Show weekend. Municipal Enforcement conducted patrols and provided a visible presence during the Full Throttle festivities in the Cold Lake downtown core.
- July 2018 Municipal Enforcement participated in a Peace Officer meet and greet at St. Dominic Daycare.
- August 2018 Municipal Enforcement participated in the Annual Show and Shine, while providing a visible presence throughout the day's event.
- August 2018 Municipal Enforcement participated in the Nelson Heights Block Party along with Cold Lake FCSS staff.
- August 2018 Municipal Enforcement participated in the annual 4 Wing Military Police Nerf War with kids from the MFRC.
- September 2018 Municipal Enforcement participated in the annual Bully Free Walk, while providing a visible presence and support throughout the day's event.
- September 2018 Municipal Enforcement participated in a Peace Officer meet and greet at the Cold Lake FCSS.



Continued

- September 2018 Municipal Enforcement participated in the annual Peace Officer Memorial in Edmonton.
- September 2018 Municipal Enforcement assisted with the Terry Fox for Ecole Voyageur School.
- September 2018 Municipal Enforcement participated in the annual competition for Canada's Best Dressed Police Vehicle.
- September 2018 Municipal Enforcement presented information on the Junior Investigator Program to students and staff at Cold Lake Elementary School.
- October 2018 Municipal Enforcement conducted several patrols throughout the annual Pumpkin Patrol during trick or treating on Halloween night.
- October 2018 Municipal Enforcement attended the FCSS and participated in the Family Fun Night in preparation for Halloween.
- November 2018 Municipal Enforcement attended the Cold Lake Elementary and Northstar Elementary participated in the annual Remembrance Day ceremonies held at both schools.
- November 2018 Municipal Enforcement assisted and participated in the annual Remembrance Day ceremony at the Cold Lake Energy Centre.
- November 2018 Municipal Enforcement participated in the annual National Childs Day with the Cold Lake FCSS.
- November 2018 Municipal Enforcement displayed a patrol vehicle and participated in the annual National Child Day at the Cold Lake Energy Centre.
- November 2018 Municipal Enforcement assisted with traffic control, conducted foot patrols during the parade and participated in the annual Santa Claus parade.
- December 2018 Municipal Enforcement assisted and participated in the annual Pack the Patrol Car food drive. The annual event took place at the Cold Lake Sobeys and No Frills grocery stores.



Continued

- December 2018 Municipal Enforcement hosted and participated in the annual Pack the Patrol Car event. The charity event took place at Sobeys and No Frills grocery stores in Cold Lake.

Cold Lake Municipal Enforcement Statistics For 2018

- Total calls for the year 1,100
- Traffic contacts resulting in citations and warnings 609
- Animal related calls were approximately 304
- Business licensing concerns were approximately 2
- Concerns pertaining to refuse and rubbish were approximately 16 occurrences
- Concerns relating to noise and disturbance occurrences were approximately 52 occurrences
- Parks and public place concern which had been addressed were approximately 10 occurrences
- Property standards concerns were approximately 193 occurrences
- Traffic and parking control issues which were tended to consisted of approximately 149 occurrences
- Taxi licensing and portfolio concerns consisted of 24 recorded occurrences
- Bylaw concerns relating fire regulations, water and waste, off highway vehicles and fireworks concerns were approximately 39 occurrences
- Assistance which was provided to outside agencies was approximately 25 instances
- Occurrences which resulted in RCMP intervention due to Criminal Code concerns were approximately 22 occurrences
- Requests regarding, facility patrols, information requests, community support, requests for patrols, enforcement initiatives requests and educational presentation requests were recorded as approximately 112 requests.



Continued

- Assistance which was provided regarding emergency response for traffic control purposes was approximately 10 occurrences

The following is a breakdown of the provincial acts that were reported and addressed. Reported incidents were approximately 142 occurrences

- Traffic Safety 89 occurrences
- Animal Protection Act 6 occurrence
- Environmental Protection Act 6 occurrences
- Gaming and Liquor Act 29 occurrences
- Petty Trespass and Trespass to Premises Act 12 occurrences
- Cold Lake Municipal Enforcement initiated 6,387 events which resulted in 1,100 calls for service incidents, which had been tended to by front line officers. Events include proactive enforcement and patrols, education and enforcement initiatives, facility and park patrols and events which officers provided a visible presence in the community.
- Cold Lake Municipal Enforcement conducted traffic stops 426 resulting in 471 citations being issued including provincial offences, municipal bylaws and contact which resulted in warnings. Concluding the year with 7,958 officer events resulting in 1,571 actioned occurrences for the year of 2018.



2018 Annual Report

Cold Lake and District Family and Community Support Services and the Parent Link Centre



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MANAGER'S MESSAGE

Throughout 2018, an abundance of new opportunities arose which support and enable us to develop new partnerships as well as to better our service to the community.

The City of Cold Lake purchased a new Special Transportation bus, offering our clients of the service, which Cold Lake and District FCSS administers, a smoother and warmer form of transportation as they travel to and from appointments, work, and volunteering in our community.

We saw the completion and grand opening of The Loft come to fruition after a long period of inactivity on our upper second floor. The Loft has become home to our Cold Lake Youth Council, as well as to all programming for children and youth between the ages of 6 and 17 years. With each passing of a workshop, it is heartwarming to go up to the loft and see how the facilitators are creating opportunities for children and youth to make the space their own. Our goal was always to create a space where they felt safe so that they may express themselves as they were learning; it is our sentiment that that is what is occurring.

Early in 2018, we were pleasantly surprised by being nominated as the first organization to receive the Employee Choice Award from Imperial. A video was subsequently created to be shown to Imperial employees on the impacts of funding and the direct correlation of the importance of being successful with grants as a not for profit organization. Our sincere thanks to the employees of Imperial, for recognizing the work we do; our respectful acknowledgement as well, to the well-deserved nominations of our fellow nominees.

The North East Regional FCSS Spring Gathering was hosted by Westlock this year. This event is a great opportunity to have regionally relevant conversation amongst both new and experienced peers, as we discuss success stories and brainstorm on topics or areas for growth. This is also a great time for us to connect as a regional portion of the province with our Executive Director of our provincial association. Cold Lake has offered to take the role of host for 2019.

Cold Lake and District FCSS continues to be a well utilized space by our community's social work program. It is always refreshing to receive the perspective of those exploring the field, as they prepare to become our professional peers upon graduation.

Emergency Social Services capacity building and training opportunities are ongoing and our hope is to continually incorporate community preparedness and room for growth as we move forward. We are so thankful for the support we receive from our dedicated volunteers who support our efforts toward planning and continual training and team building.

Our best wishes to you and yours as we move forward into another new year! We look forward to connecting with you and welcome you to reach out or stop by at any time. If you've never been to our facility or to one of our programs, you just might be surprised by all that we have going on here.

Yours in Service,
Kim Schmidt,
FCSS Manager, 780-594-4495, extension 8028

MISSION, VISION, SHARED BELIEFS

Cold Lake and District FCSS ensures that its programs and services are in line with its vision, mission and shared beliefs and enhances the social wellbeing of all community members.

VISION STATEMENT

Cold Lake and District FCSS envisions an engaged and empowered community of caring, compassionate and supportive people.

MISSION STATEMENT

In partnership with the community, FCSS provides locally driven, preventive social initiatives, based on current issues, which aim to improve the quality of life of individuals and families.

SHARED BELIEFS

- A community's most valuable resources are its people. Investments made in developing and supporting people pay dividends in all areas of community life.
- We can make valuable contributions to our communities, and the communities need the contributions of all of us.
- Volunteerism is inherently valuable in that it allows us, as citizens, to contribute directly to our community, which in turn, is linked to positive outcomes for individual volunteers.
- Partnerships are fundamental to community building.
- Municipalities can support individuals, families and communities by providing well-designed preventative social programs.
- Each municipality has unique needs and is best able to determine its own programming.



FCSS STAFF AND ADVISORY COMMITTEE

In 2018, FCSS employed nine program related staff positions including:

- FCSS Manager;
- Family Services Coordinator;
- Social Programs Coordinator;
- FCSS Administrative Assistant;
- Volunteer Services Program Facilitator;
- Child and Youth Program Facilitator;
- Community Partnerships Facilitator;
- Programming Assistant; and
- FCSS Receptionist

In addition, FCSS received provincial and municipal funding for program staff including:

- Fulltime Parent Link Programmer;
- Cold Lake Bully Free Coordinator;
- Regional Parent Link Administrator and Parent Link Outreach Facilitator ; and
- Two part-time Parent Link Programmers.

The PLC staff included a Fulltime Parent Link Programmer.

The Cold Lake and District FCSS Advisory Committee consists of five volunteers and two council members, appointed by resolution of council, to represent the interests of the community in the development of locally driven, preventive social programming. The Committee meets monthly to ensure that they hear and consider the social needs of our community members.

In 2018, the FCSS Advisory Committee was comprised of the following members:

Roderick Hickey

Gina Olofson

Jürgen Grau

Ben Fadeyi

Meagon Anishinabie

Theresa Legault

Angela Mohr-Mathias

Committee Chairperson

Committee Vice Chairperson

City of Cold Lake Council

MD of Bonnyville Council

Community Representative

Community Representative

Community Representative

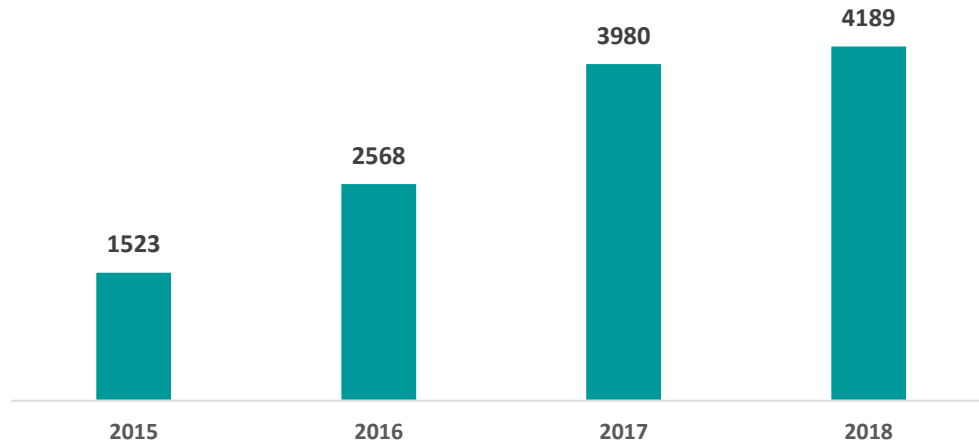
FCSS staff and Advisory Committee members also participated in a number of training and conferences throughout the year, including the FCSSAA Conference, Safety Training, Emergency Management Training and courses specifically related to staff positions such as Triple P Parenting, Youth Emotions, LEGO™ Explorers and Mental Health First Aid for Seniors.

COMMUNITY DEVELOPMENT

Information and Referrals Services

FCSS assists their community through preventive programming and services, including the delivery of Information and Referral Services. In the past few years, there has been a noteworthy increase in the numbers requesting assistance in determining or finding the beneficial supports in the community. As well, many individuals require assistance with the understanding, processing and the use of that information. This may entail actively assisting our clients with their applications for financial assistance, low cost housing and or family supports. It is our determination to help people help themselves. FCSS believes this is the best model that complements its mandate.

Information and Referral Services



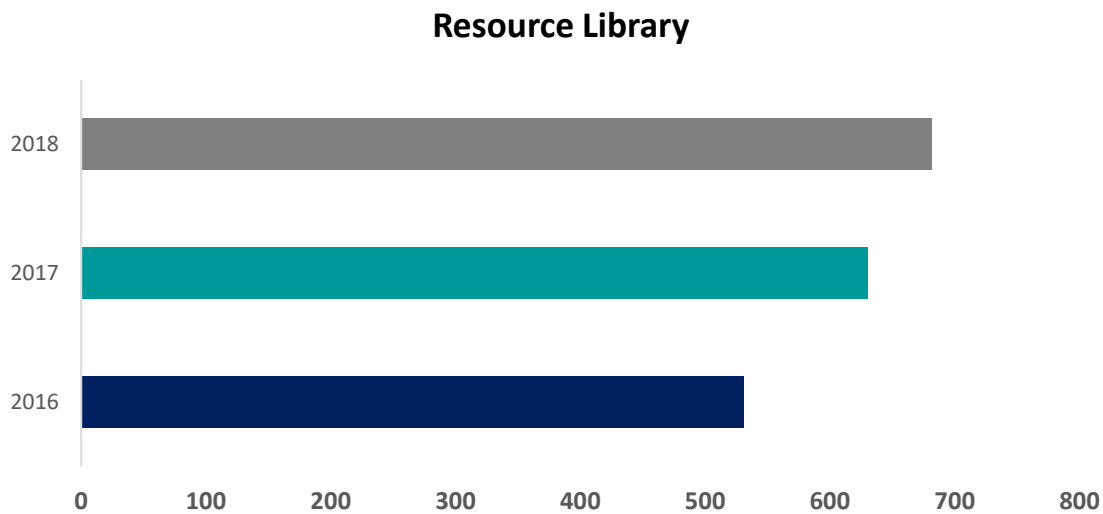
Counselling Services

In 2017, Cold Lake and District FCSS offered free counselling services to those without access to a benefit plan. These once a week services were due to a pilot program grant from Imperial. In 2018, again from the generosity of Imperial, the counselling service remained and FCSS was very fortunate to continue with the services of an on-site Registered Provisional Psychologist specializing in anxiety and depression, with expertise in stress management, bullying, anger management and parenting strategies. Supporting Wellness Psychological and Family Services provided support to the Registered Provisional Psychologist.

FCSS is also pleased to announce that the generous funding from Imperial will continue into 2019 and the counselling services will now include one psychologist and two social workers. Counselling will again be to those without access to a benefit plan and will focus on short-term strategies to provide people with coping skills to better handle crisis should it occur.

Family Resource Library

FCSS continues to market its resource library to the Parent Link Centre, families and the community. Resource libraries help families to acquire the valuable information they would like for their own growth and development and information to improve their quality of life. For the continued success of many programs, it is imperative to keep the information current, which is updated from the contributions and involvement of our many community partners including the counselling team, Living through Grief facilitators and parents.



Neighbourhood Block Party / Community Rentals

Neighbourhood Block Parties are intended for families and neighbours to build inclusivity and a welcoming community. Families can benefit by providing support to one another and building a safer community. When utilizing the Neighbourhood Block Party Program, a family or organization, on behalf of their neighbourhood, can apply for funding of up to \$100 per year to host an event. Not-for-profit organizations hosting free public events are also eligible to apply for the reimbursement.

FCSS is also grateful to our volunteers who refreshed, repainted and rebuilt some of our community-loved rentals again in 2018. To kick off the Block Party program in 2018, FCSS hosted the first party. This led to word-of-mouth communication, bringing total block party numbers to over 600. FCSS was also proud to support local events through our rental program that attracted almost 6,000 community members.

Block Party Participants	653
Community Rental Participants	5486

VOLUNTEER SERVICES

The variety of volunteerism at FCSS could include serving on our Advisory Committee, assisting at one of our programs or completing administrative tasks. Our volunteers support child and youth workshops and Parent Link Centre programs; they help out at ***National Family Week Kick-Off*** and during the ***Fill-a-Bus Campaign***. They also help us with the ***Snow Angels Program***, the ***Community Volunteer Income Tax Program*** and ***Emergency Social Services***. Our volunteers play an essential role in the short and long-term success of our organization. They are the embodiment of FCSS: to have an engaged and empowered community of caring, compassionate and supportive people. Our volunteers also serve a vital role at many of Cold Lake's not-for-profit agencies such as the ***Cold Lake Food Bank***.

Community Volunteer Appreciation Event

In 2018, 225 volunteers were invited to the Volunteer Appreciation Event to recognize their volunteerism. FCSS collaborated with the ***Lakeland Credit Union, Volunteer Alberta, Imperial*** and the ***City of Cold Lake***. The annual FCSS Volunteer of the Year was awarded to Theresa Legault, who has been volunteering with the ***Cold Lake and District FCSS Advisory Committee*** for many years. She also served as the Advisory Committee Chair for two consecutive terms. Many other Cold Lake citizens were honoured for their volunteerism as follows.

Rising Star (youth award)

★ **Abigail Dinn**

Coach of the Year

★ **Seann Strangberg**

Newbie of the Year

★ **Olivier St-Jean**

Behind the Scenes

★ **Teresa Dole**

Lifetime Achievement

★ **John Crook**

Environment Protector

★ **Barbara Hollis**

Community Impact, Individual

★ **Charlene McKay**

Community Impact, Group Award

★ **Cold Lake Pet Food Bank**



What makes this Appreciation Event so wonderful every year is the diversity of volunteerism and the volunteers. Youth and seniors, schools and military personal all help to fulfil the lives of others. The Buddy program, which pairs a youth with another youth of limited abilities in a local school, shows the compassion and generosity offered in our community.

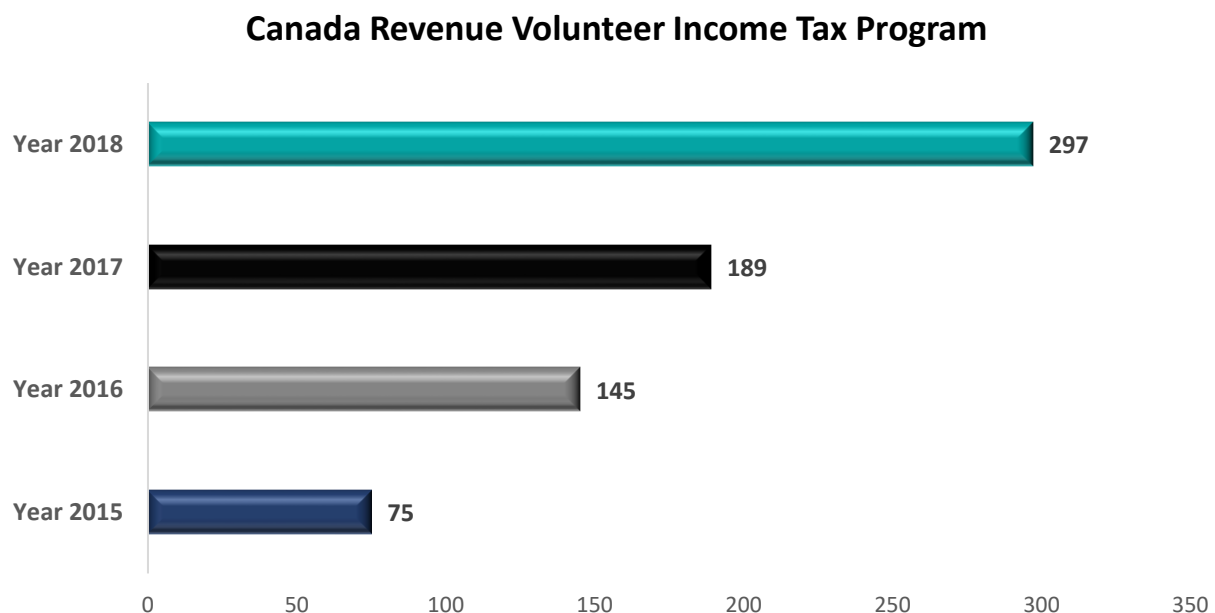
Canada Revenue Volunteer Income Tax Program (CVITP)

The CVITP helps eligible individuals within a mandated income threshold who are not able to complete their income tax and benefit returns by themselves. Introduced in 1971 by the Canada Revenue Agency, the intent of this program is to ensure that all taxpayers have equal access to the tax system.

At Cold Lake and District FCSS, volunteers completed almost 300 tax returns to eligible individuals in our area. Many of those helped are seniors and disadvantaged community members.

Cold Lake and District FCSS promotes this service directly to community organizations for referrals to the program. The Volunteer Facilitator also provides presentations to local organizations including the **Dr. Margaret Savage Crisis Centre**, the **Lakeland Centre for FASD** and all local seniors' facilities. This service highlights the importance for families and individuals to file income tax returns for benefits from subsequent federal and provincial programs, namely the GST rebate, seniors' financial assistance and child and family benefits.

As noted in the graph, 2018 was our most successful year since the inception of the program. We anticipate continued growth for the Community Volunteer Income Tax Program. Once again, our volunteers are extremely significant to the success of the program.



Cold Lake and District FCSS Statistics for the Community Volunteer Income Tax Program 2018

The numbers below represent the total dollar amount in benefits, rebates and refunds that clients from the CVITP at Cold Lake and District FCSS were eligible to receive after their income tax returns were completed. Once a community member has filed their taxes, our administrative staff will ensure that everyone is getting all the benefits to which they are entitled, such as Alberta Seniors Benefits. In 2018, our CVITP clients received a total of 1.4 million dollars in benefits, refunds and rebates.

Benefit	Amount
Goods and Services Tax (GST) Rebate	\$ 126,453.00
Guaranteed Income Supplement (GIS)	\$ 272,090.08
Alberta Seniors' Benefits	\$ 88,515.64
Canada Child Benefit (CCB)	\$ 751,559.17
Working Income Tax Benefit (WITB)	\$ 26,433.38
Alberta Carbon Tax	\$ 74,700.00
Income Tax Refunds	\$ 65,303.40
TOTAL BENEFITS and REBATES	\$1,405,054.67

Total number of Tax Returns Completed – 295

Total number of children included - 126

Volunteer Time: approximately one hour per tax return - 295 volunteer hours; this does not include their travelling time to and from Cold Lake and District FCSS.



Fill-a-Bus

FCSS Volunteer Services conducted the annual Fill-A-Bus Campaign in support of the **Cold Lake Christmas Hamper Project** in collaboration with the **Cold Lake Food Bank**. As is customary, the **City of Cold Lake** provided the Special Transportation Bus to transport all collected donations.

More than 60 recruited volunteers collected 272 turkeys and 1,223 kg of non-perishable items. Cash and gift card donations equaled approximately \$2,406. Sobeys, who has been collaborating with all the agencies involved in the Fill-a-Bus Campaign since its commencement, provided the venue. Their staff and management also provided a number of donations. This initiative requires numerous community collaborations from the collection and packing of the turkeys, hams and other food stuff to the storage and the delivery of the hampers.



Volunteers support many FCSS programs as listed below.

Administrative Support	Healthy Choices Count Coalition
Adult and youth cooking programs	Home Alone
Baby Connections	LEGO™ Programs and LEGO™ Mentors
Cold Lake Bully Free Committee	Meals on Wheels
Cold Lake Youth Council	National Child's Day
Community Volunteer Income Tax Program	National Family Week Kick-off Event
Emergency Social Services	Personal Growth Workshops
Every Age Counts Coalition	PLC Holiday Celebrations
Family Fun Nights	Silly Science Saturday
FCSS Advisory Board	Snow Angels
Fill-A-Bus	PLC Programming
Garden Gnomes	Ted E. Bear Visits
Grief and Loss	Wills & Estates

Preventive Programming

Supporting our belief that “investments made in developing and supporting people pay dividends in all areas of community life,” we offer programming that is designed to give our community members foreknowledge about important issues in order to keep them mentally and socially strong and to build resistance to crisis.

Child and Youth

Child and youth programming includes support with the journey into independence, healthy lifestyle choices, cooperation and peer engagement. Life skills, and social competency and development remain the focus of our program creation.

Adult

Programs at FCSS, including parenting workshops, are developed to improve the quality of life of individuals and families and build resilience to cope with crisis. “Living through Grief” is designed to assist with the emotions and stresses that happen after a loss.

Family

Providing events for families to attend which promote family communication and connections is an important part of our services. In 2018, we welcomed more than 800 to our annual National Family Week Kick-off Event.

Community

FCSS continues to collaborate with its community partners to offer a wide range of programs and services that connect community members and reduce gaps in social services.

Our Community Partners

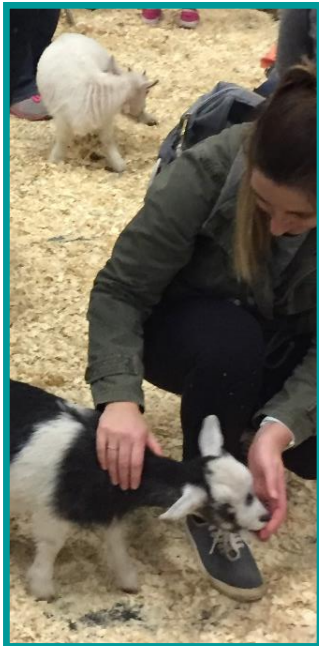
AHS Addictions
AHS Mental Health
AHS Community Services
Alberta Brain Injury Network
Assumption Jr/Sr High School
Bonnyville and District FCSS
Canada Revenue Agency
CENOVUS
City of Cold Lake
Cold Lake Bully Free Committee
Cold Lake Community Learning
Cold Lake Food Bank
Cold Lake Fire Rescue
Cold Lake First Nations
Cold Lake Lodge
Cold Lake Public Library
Community Baptist Church
Dove Centre
Dr. Margaret Savage Crisis Centre
Dragonfly Sexual Assault Centre
Elizabeth Metis Settlement
EmployAbilities
FCSS Association of Alberta
Government of Alberta
Government of Canada
Habitat for Humanity
Happy House Day Care
Holy Cross Elementary School
Imperial
Joie's Phoenix House
JJ Parr Recreation Centre
Lac La Biche FCSS
Lakeland Catholic School Division
Lakeland Centre for FASD
Lakeland Parent Link Network
OSUM
Military Family Resource Centre
Military Police
MS Society
North Central Region 7 CFSA
Northern Lights School Division
Portage College
2nd Floor Recovery Centre
St Paul FCSS
Victim Services/RCMP
WJS Services Canada

Family Programming

Cold Lake and District FCSS and the Parent Link Centre have been involved in a few projects this year to try to help families understand the importance of the protection and sustainability of our earth. The hope is that those who experience nature education will develop positive attitudes about themselves, natural life, and the earth.

The **FinS** program introduces families to the raising of fry at the Parent Link through the winter months to their summer release in a community lake. The Parent Link Outreach raised painted lady caterpillars and in the summer, parents and children released the butterflies.

Children and youth of the community learned life skills from collaborations with FCSS and the **Cold Lake Community Garden**. Community gardens can serve as an outdoor classroom where all family members can learn valuable skills, like those involving practical math, communication, responsibility and cooperation. They also provide the opportunity to learn about the importance of community, stewardship and environmental responsibility. Community gardens offer unique opportunities to establish relationships within and across physical and social barriers. At every opportunity, new programs with FCSS and the PLC are developed with the intent to help individuals adopt healthy lifestyles.



On September 28, 2018, FCSS hosted their annual **Kick-off to National Family Week Event**. National Family Week was proclaimed an official week by the Canadian Government in 1985, and Cold Lake and District FCSS has been participating in the event for nearly a decade. Traditionally 500 patrons attend our event but this year our numbers grew to approximately 820 patrons, which is the largest number since the inception of the event.

The aim of this event is to encourage family connections, to strengthen the family unit by spending time together, and to promote the programs and services offered by the PLC, FCSS and our community

FCSS strives to create an atmosphere of a neighbourhood block party, where families and communities can unite and build strong bonds.

FCSS also delivers the **Family Adventure Program** and **Family Fun Nights**. The Family Fun Nights are one of our most popular events, which unite families of all ages. Together these two programs bring in more than 1,000 community members where staff can also outline our additional programs and services. These are great opportunities to promote inclusiveness, community connections and engagement.

Children and Youth

FCSS Children and Youth programs are designed to assist children learn new skills, form greater social skills and develop social responsibility within the community.

In early 2018, the Child and Youth department began another year of new partnerships beginning with personnel from **4 Wing Cold Lake**. It was especially exciting to have engineers from 4 Wing assist with **Silly Science Saturday, Journey through the Clouds**. It was their experiences as jet pilots and flight engineers that heightened the classroom experience for the young 6—8 year olds in the Silly Science Saturday program.

Approximately six times a year, children spend the day learning how to be safe and feel empowered when staying **Home Alone**. They make a safe snack, learn about cyber safety and how to deal with siblings and friends when home alone. In the afternoon **Cold Lake Fire Rescue** teaches fire safety.

FCSS **Garden Gnomes** didn't let April's cold weather stop them from getting the garden season started. They planted tomato seeds and later in the year, prepared the garden for the seedlings and harvested the vegetables.

July was an exciting month at Cold Lake and District FCSS. The Loft was completed and welcomed by the general public for the grand opening, with representation by the Cold Lake Mayor and from Council and the FCSS Advisory Committee. Also in attendance was our FCSSAA Northeast Regional Representative, Amelia Harmse, Glenn Barnes, the City of Cold Lake General Manager of Community Services and Kim Schmitz, the FCSS Manager. The Loft will be used for programming, and includes a movie theatre, kitchen, and recreational space. July included the following workshops.

- ★ LEGO™ Mania Camp
- ★ Garden Gnomes
 - Fairy and Dino Gardens
 - Leave your Footprint
 - Stepping Stones
- ★ What to do When
- ★ Swing into Summer
- ★ Youth Epic Summer Squad
- ★ LEGO™ Legends
- ★ Boredom Bustin' Afternoons
- ★ Fun in the Sun
- ★ My Crooked Canvas



August was also a full month for child and youth programming; 17 programs were offered with 175 children and youth in attendance. Five new programs for the 13-17 year old age group were added to the curriculum.

In **Lunch Box Heroes**, participants learned kitchen, food and knife safety and then put their new recipes to the taste test. With their learned skills and recipes they packed their own lunch, teaching them responsibility and ownership.

Nine youth received their training with **YESS** (Youth Epic Summer Squad) and put their skills into action by volunteering at **The Cold Lake Food Bank**. They were trained in customer service, basic first aid, young workers' rights, and dealing with difficult people. YESS allows youth to make a positive impact on their community through the value of volunteering and the knowledge that their contributions make a difference.

An eight-week **Creating and Publishing** course came to an end in the fall. All youth that registered composed either a zine or chat book, comic or play write. This program gave youth a safe place to connect with their peers, while promoting confidence and self-expression.



Our **Silly Science** workshops, funded by **OSUM** in 2018, are designed for children to be comfortable with learning science, while building unique social skills. LEGO™ programming provides youth with the challenges of leading a group, sharing and taking turns. **LEGO™ Explorers** is a program developed for children with Autism Spectrum Disorder. All facilitators, including youth mentors, are formally trained to deliver this program.



The **Cold Lake Youth Council** also contribute to the community. In addition to their monthly meetings, in 2018 they volunteered at the **Cold Lake Anglican Church** for the community supper program, the **Cold Lake Lodge** and the **Cold Lake Food Bank**, amongst others. In total the Youth Council volunteered 470 hours in 2018.

Child and Youth Components

Life Skills and Social Competency for children 6-11

This element includes programming that introduces healthy living concepts such as financial understanding, safe food preparation and the sustainability of our planet through such programs as Garden Gnomes.

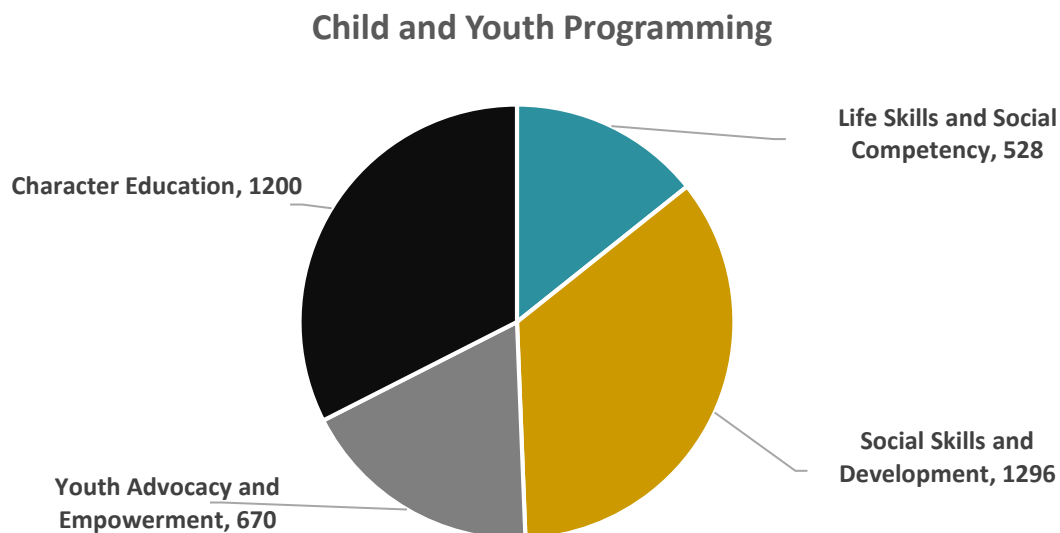
Social Skills and Development for children 6-11

FCSS provides four LEGO™ programs that all promote positive peer relationships and belongingness. The intention of programming includes the development of interpersonal skills and a commitment to learning.

Character Education for children of all ages includes the advocacy and teachings of moral intelligence in alignment with local schools.

Youth Advocacy and Empowerment for youth 12-18

The Cold Lake Youth Council advocates for change in the community. FCSS promotes positive values such as caring and integrity through youth programming. Youth acquire empowerment by helping out in the community and being of service to others.



Community and Parenting Education

In 2018, our FCSS and Parent Link Outreach staff spent numerous hours at the **Cold Lake Food Bank** delivering information about our programs and services. For instance, the Volunteer Services Facilitator, handed out brochures and information on the Community Volunteer Income Tax Program while the Parent Link Outreach Facilitator provided families with materials on outreach programs and services delivered through the Parent Link Centre.

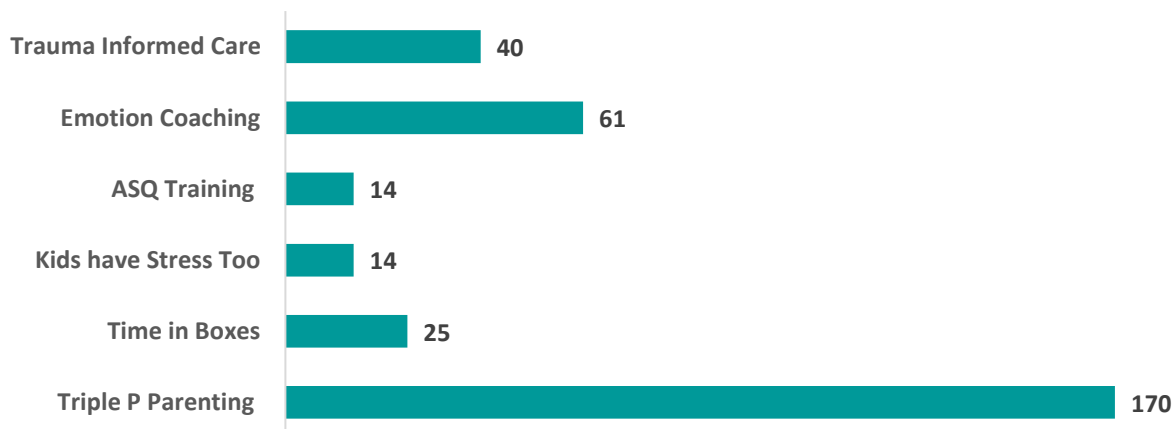


The Family Services Coordinator delivers character education to school children, and at public events through the assistance of our mascot **Ted E. Bear**. Moral or character education teaches children moral intelligence skills that instill the virtues of empathy, respect, self-control, conscience, kindness, and perseverance. It is important for children to grow and learn in an atmosphere that is safe and caring, and promotes basic human values. Character education is skills based; participants learn how to exude the personal attributes of empathy at school, in the community and at home. FCSS strives to incorporate the same monthly traits through our Parent Link programming.

Our **Community Response to Elder Abuse Team** representative from FCSS addressed numerous groups this year on the delicate nature of Elder Abuse and how our community can recognize, acknowledge and assist when there is a concern of elder abuse.

While the Family Services Coordinator and the Parent Link Facilitators deliver parenting programs during regular hours at FCSS, The Parent Link Outreach Facilitator also delivers parenting and specialized courses at schools and other centres in our area to parents and professional peers who are unable to attend our regularly scheduled classes at FCSS.

Parenting Education



Collaborations and Community

In partnership with **Alberta Emergency Management Agency**, FCSS facilitated **Registration and Inquiry** and **Persons with Functional Needs**. Participants have the opportunity to volunteer for our ESS Volunteer Program, should a disaster occur in the area requiring assistance from FCSS.

From the **Telus World of Science** in Edmonton, Cold Lake and District FCSS brought the Mobile Planetarium to three different groups for three separate workshops. First, the PLC Outreach hosted an exploratory learning event, adapted for families and children under six. Then the Child and Youth incorporated the planetarium into their Silly Science Saturday for the Stars, Constellations and Galaxies. For the final day of the visit, all families and the community were invited to the Cold lake Energy Centre for an afternoon of Journey through the Stars in the Family Adventure Program. In total almost 200 children and family members took part.

The **TELUS World of Science Mobile Planetarium** also took a trip around the Lakeland Parent Link Network mid-September. This early introduction to the space sciences offered families an opportunity to learn about stars, and talk about light and dark. They also had a chance to visit the mobile library by looking at books to feed their curiosity, build space “crafts” and use gross motor skills for the activities outside of the planetarium. This program also reduces barriers to science programs that are often only offered in larger cities. Throughout the Lakeland, there were 343 Parent Link participants, with 82 participants from Cold Lake.



This year's **National Child Day** Theme was “It's Our Right to Identity”. The **Early Childhood Development Coalition** felt this was a great opportunity to invite local citizens to showcase different cultures and traditions. Included were a local clogging group, an interactive garba dance as well as the KCEC Pow-wow dancers. Interactive booths were set up to encourage a learning atmosphere for children. They had opportunities to learn about the environment through **LICA**, explore their identity and culture through the Pop Up **Library** Branch, and create a physical record through **Victim Services** and **Child Find**. In total 26 professionals were on site representing 13 agencies from the Cold Lake and area community.

A team of community professionals and members invested in early childhood development coordinate the National Child's Day event. The **Early Childhood Development Coalition** formed in 2012 in response to the EC Mapping project criteria to support early childhood development in our community. The Coalition's purpose is to promote positive early childhood development. To that end, they work together through a coordinated, collaborative approach while building community capacity to support optimal development of all children in our community.

The City of Cold Lake was one of 16 pilot communities from across Alberta to receive grant funding from the **Alberta Cancer Prevention Legacy Fund**, Alberta Health Services, to implement the Alberta Healthy Communities Approach (AHCA). The AHCA works with communities to discover their strengths through a community-driven process to create healthy places and social spaces for all. The **Cold Lake Healthy Choices Count Coalition** was formed in the fall of 2015. A core team of six community members and stakeholders came together to work towards creating healthy community environments that prevent cancer and chronic diseases. The goal for the Healthy Choices Count Coalition is to support the community of Cold Lake to be a healthier place to live, work, play and age. The Coalition erected shade tents in various locations. As part of the healthy eating strategies, a goal was developed to increase affordable healthy food options to community members through organizations. Five garden towers were erected at various facilities, including FCSS with one in the Loft and one in the Parent Link Centre.

Walk in Another's Shoes was the theme for the **2018 Festival of Words**, to build an understanding of empathy and compassion. This event has been taking place in Cold Lake for more than a decade. **The Cold Lake Community Learning Centre** facilitated the collaboration of this multi-agency event, which attracted 220 community members.

This year the **Early Childhood Coalition** had 21 members on site representing a variety of community agencies for the annual **Ages and Stages Spring Screening**. 39 children were screened with both the ASQ 3 and the Social Emotional questionnaires. 40 parents were in attendance and reported that they gained an increase awareness of what to expect as their child grows and became more aware of community resources.



Our Annual **Pink Day**, a collaboration with the **Cold Lake Bully Free Committee**, the **RCMP**, and **FCSS** results in a multitude of residents meeting for the yearly walk along Cold Lake's main avenue. With information and speeches on anti-bullying, the message generated is that Cold Lake will not tolerate bullying. Students, teachers, the City of Cold Lake Mayor, staff of FCSS and the general public ended the walk at the **Cold Lake Middle School** for a luncheon courtesy of the **Lakeland Centre for FASD**.

Adult and Senior Programming

Cold Lake and District FCSS has been partnering with a grief consultant for over a decade to deliver the **Living through Grief** series, which assists those to effectively deal with their feelings of grief and loss.

Wills, Personal Directives and Power of Attorney is a program delivered through the long-time partnership of a local lawyer. In 2018, there was a marked increase in attendance. Also noted was a much younger audience than in past years. This workshop helps people prepare for the future by providing information to deal with life's difficulties.



Adult programming provides individuals with the skills to build resiliency and strength, become more positive and improve the quality of their lives. For instance, in **Emotions 101**, participants explored different way to interpret emotions and therefore to communicate more effectively.

FCSS also collaborated with the **Alberta Family Wellness Initiative** to deliver the **Building Better Brains** conference. Multiple Cold Lake and area organizations were in attendance.

The Alberta Emergency Management Agency (AEMA) has been very proactive in preparing FCSS staff and community volunteers for future emergencies. AEMA also facilitated an emergency management course for the public. The response was encouraging and Cold Lake has seen a rise in volunteerism for organizations such as the Red Cross and for their Emergency Social Services.

FCSS also collaborated with the **John Howard Society** to assist people to complete the Rural Homelessness Estimation Survey, which has been endorsed by provincial leaders including the Alberta Association of FCSS.

Adult programming includes events such as the monthly **Feast to Friendship** luncheon for isolated seniors. This program emerged from the intention to improve the quality of life by reducing isolation for shut in seniors. FCSS partnered with **Alberta Health Services, Home Care** to host monthly luncheons from August to December for isolated seniors. There have been multiple successes within the group; isolation in many of the participants has decreased and friendships have formed. This initiative will continue into 2019, in partnership with the **Cold Lake Middle School**.

The **Every Age Counts Coalition** distributed elder abuse surveys in the community. Monthly articles written by FCSS on Elder Abuse were printed in the Cold Lake Sun. The purpose of these events is to bring more awareness and the impact of elder abuse.



CREAT or **Community Response to Elder Abuse Team** was created with the support of a grant from the Ministry of Seniors and Housing with the Government of Alberta. The objectives are twofold. First, the team supports the development, enhancement and implementation of a sustainable coordinated community response model to prevent and address elder abuse throughout five communities in the northeast region of Alberta, including Cold Lake. Secondly, the team supports enhanced capacity within those areas to prevent and respond to elder abuse, through improved coordination among service providers.

The **Snow Angels** initiative is especially helpful to seniors who may want the independence of remaining at home, albeit with some assistance. Some seniors will also benefit from the CVITP and our volunteer services in general.

All community members, including seniors are welcome and encouraged to drop into FCSS for assistance with federal and provincial forms. FCSS promotes this service directly to the Cold Lake Seniors' Society and all seniors' housing facilities as well as to the community in general.

Adult and Senior Programming in 2018 consisted of the following.

CREAT – Community Response to Elder Abuse Team	Feast to Friendship
Changing the Conversation about Ageism	Time for Dinner
Meditation	Emotions 101
Every Age Counts Coalition	Crystals
Healing Hands	Family Services Outreach
Wills, Personal Directives, Power of Attorney	Seniors Mental Health First Aid
Building Better Brains	Essential Oils
Limiting Beliefs	Good Vibrations
Living through Grief	Mindfulness

COMMUNITY STRATEGY GRANT PROGRAM

The Cold Lake and District Advisory Committee reviewed Special Project Grant requests throughout the year and approved them in 2018 as follows:

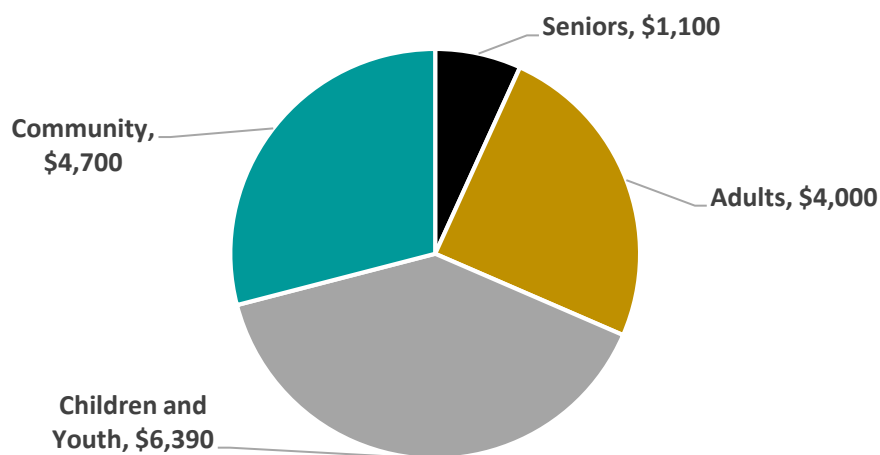
2018 GRANT DISBURSEMENT		
ORGANIZATION	PROGRAM	GRANT
Cold Lake Seniors	Elk Point Dinner Theatre	\$1,100.00
Cold Lake Women of Influence Committee	Cold Lake Awards Night	\$2,000.00
Ronald McDonald House Charities Northern Alberta	Lakeland Bus Tour	\$1,200.00
Cold Lake Middle School	Alberta Highway Clean-up	\$500.00
Cold Lake John Howard Society	Cold Lake Homelessness Estimation Project	\$2,000.00
Dr. Margaret Savage Crisis Centre	Youth Programming Space	\$1,890.00
Cold Lake Middle School	Service Learning/Leadership	\$2,000.00
Northern Lights School Division No. 69	Evening with Dr. Jody Carrington	\$2,000.00
Cold Lake Victim Services	Operation Red Nose	\$1,500.00
Northern Lights School Division No. 69	Cold Lake High School – United Baggo Tournament	\$2,000.00
TOTAL 2018 SPECIAL PROJECT GRANT DISBURSEMENT		\$16,190.00

FCSS allots grants for those that enhance the social well-being of individuals and families through prevention or intervention strategies provided at the earliest opportunity. Priority is given to those that highlight partnerships and have the potential for the greatest community impact.

Projects, services and initiatives that support, educate, build awareness, develop leadership skills, strengthen family life and promote volunteerism are programs that benefit from the FCSS Grant Program.

In total, FCSS granted \$16,190 in social based programs for families, children and youth, adults, seniors, and the community from The Special Project Grant. A breakdown of the disbursement shows representation to all members of our community.

2018 FCSS GRANT DISBURSEMENT



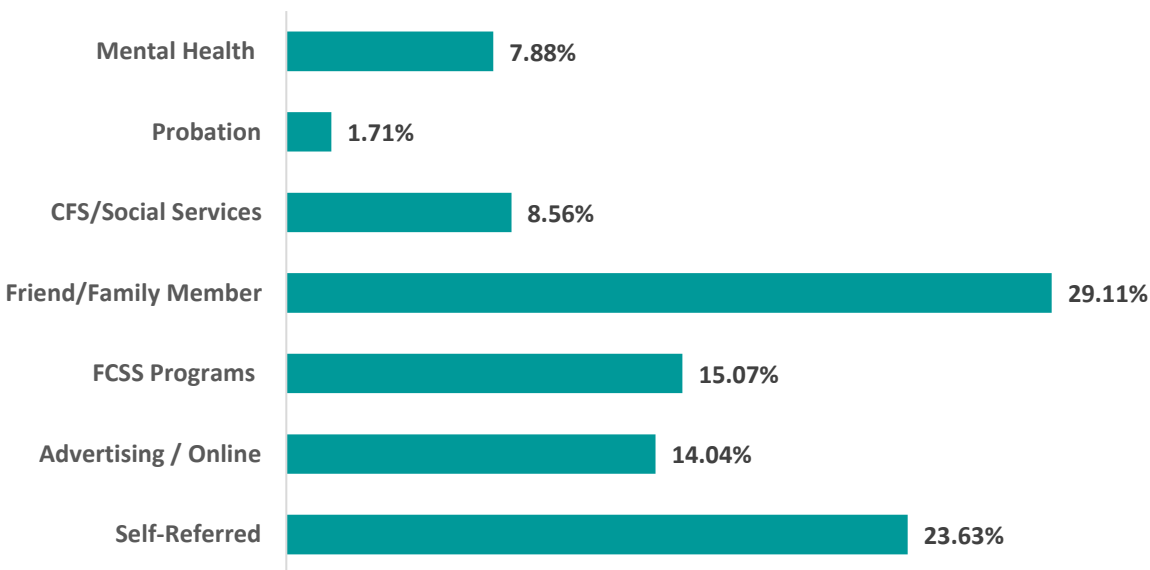
FAMILY ENRICHMENT PROGRAM

The Family Services Coordinator is committed to providing services that work with all community residents to strengthen, promote, and enhance individual and family life. In addition to counselling, FCSS offers a variety of other services such as advocacy, education, support, and referrals. There are many ways to take advantage of these opportunities, which include workshops, support groups, public education, and individual sessions with our Family Services Coordinator.

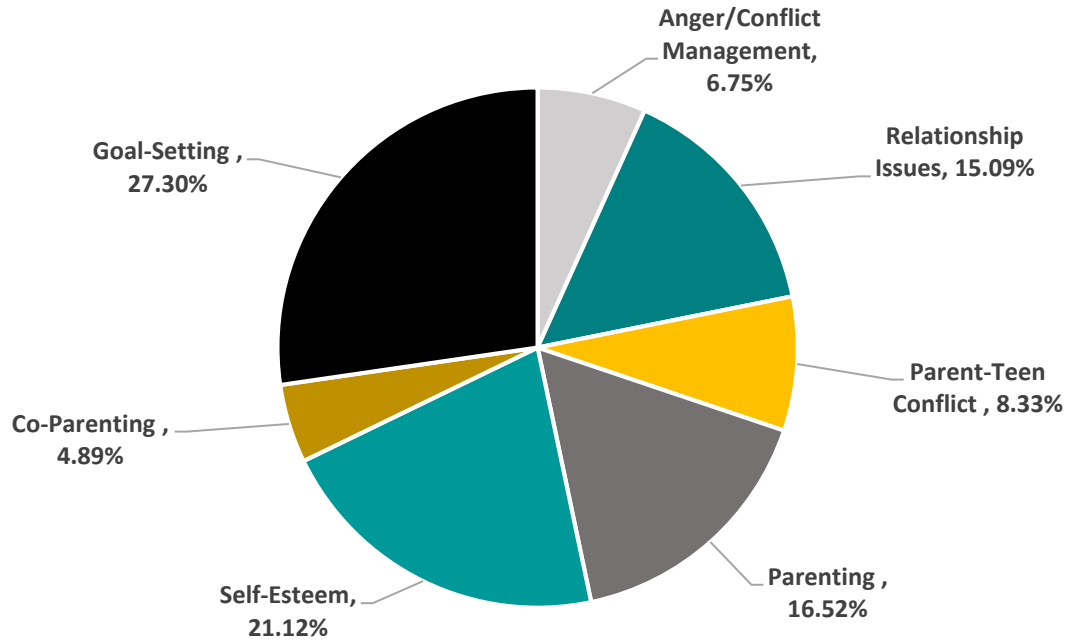
We are able to provide a range of information on topics including child development, parenting, crisis management, life transitions, and relationships skills.

When in discussions with clients, the Family Services Coordinator will often make referrals to other organizations, such as Alberta Health Services. Client concerns range from anger issues to parenting difficulties. Cold Lake and District FCSS will offer a variety of resources to assist the client, whether it is recommended reading materials, one of our many parenting workshops or a referral to another organization.

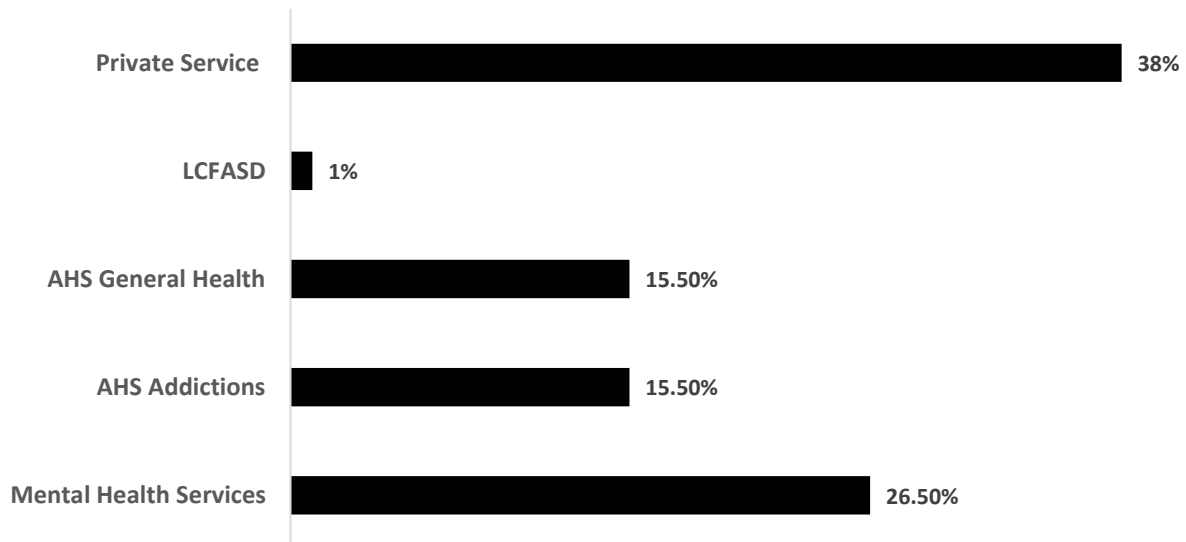
Referrals to Family Services 2018



Family Services Support 2018



Referrals from Family Services 2018

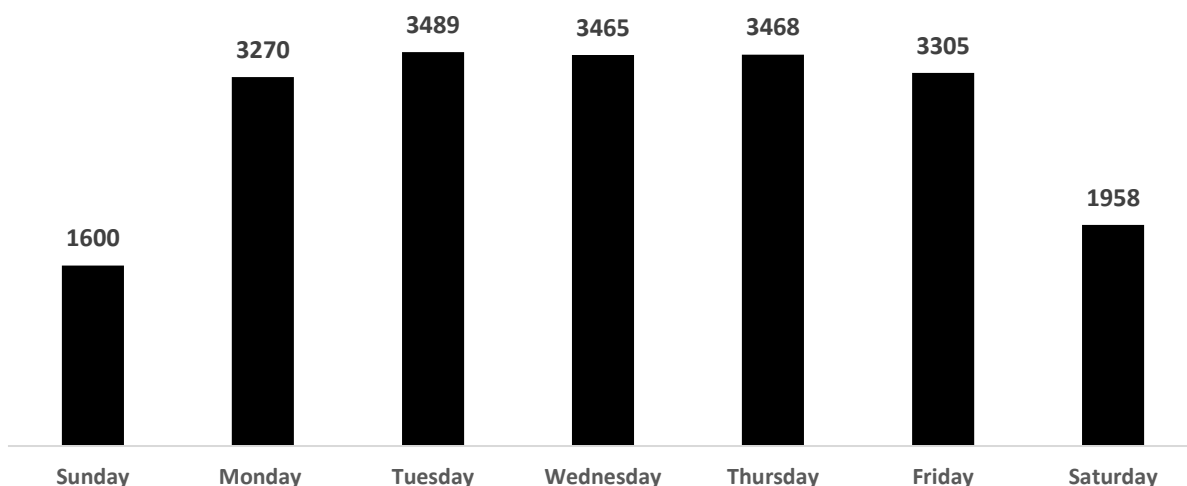


COLD LAKE PARENT LINK CENTRE

"Parent Link Centres help to:

- ★ develop nurturing environments that support early childhood development
- ★ increase confidence in parenting skills
- ★ improve parents' awareness of community and parenting resources
- ★ help parents cope with everyday stress
- ★ enhance connections with other parents and caregivers
- ★ strengthen a sense of belonging in the community
- ★ decrease the isolation new parents may sometimes feel"

PLC Centre Attendance 2018



Parent Link Centre Programming

In January and February the Cold Lake Parent Link Centre concluded their **Infant Massage**, put on two **Family Fun Nights** and offered eight sessions of **Baby Connections**. In addition, they continued with their **Triple P**, **Handle with Care** and **First Sounds First Words** parenting education. On a daily basis, the Parent Link Centre Facilitators keep the centre clean and organized and conduct daily activities. This may include an arts and crafts project, or another early childhood development program. The **St. Valentine's Day Party** at the Cold Lake Energy Centre included activities such as valentine cookie decorating, meant to build fine motor skills.

Parent Link Centre staff are trained to deliver **Triple P Parenting Programs**. In May, **Hassle Free Shopping** was the third parenting program to be offered in 2018. This discussion group offers suggestions to parents on how to avoid stressful shopping experiences and ways for children to behave responsibly.

For the 4th year, music teacher Ruth Snyder was back with the **Music is Fun** program with our Parent Link families. The Music is Fun program offers an opportunity for structured learning and increases school readiness by teaching children how to wait their turn, follow instructions, develop listening skills, and increase positive social skills. Exposure to music from early childhood onwards helps children to speak more clearly, develop a larger vocabulary, and strengthen social and emotional skills. This 10-week program includes weekly themed activities with music, songs, dancing and crafts.



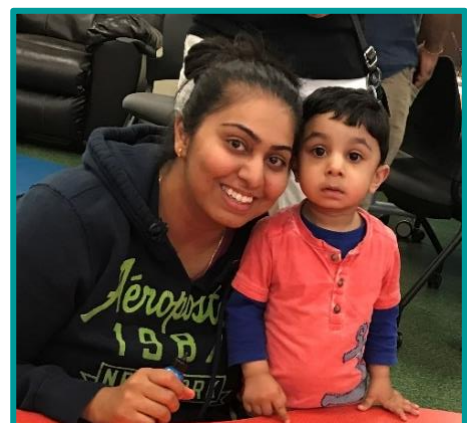
The **FinS** program helps children understand our environment. The fish were released by the children with the assistance of the Park Conservation Officer at Little Bear Lake. Later at the Fish Hatchery, the children had the opportunity to catch the fingerlings with a net and feed the older fish. At the end of the tour the children had a close up view of a variety of fish placed in basins. They were able to catch and hold the fish. Overall, FinS aims to instill a sense of environmental stewardship in all participants.

The Parent Link Centre hosted an **End-of-Summer** event filled with activities inside and outside the Parent Link Centre. The end of the summer season is a time to wish great success to the many young children who will be attending kindergarten and pre-school in the fall. This event provides children with a sense of belonging and fosters bonding within and among families.

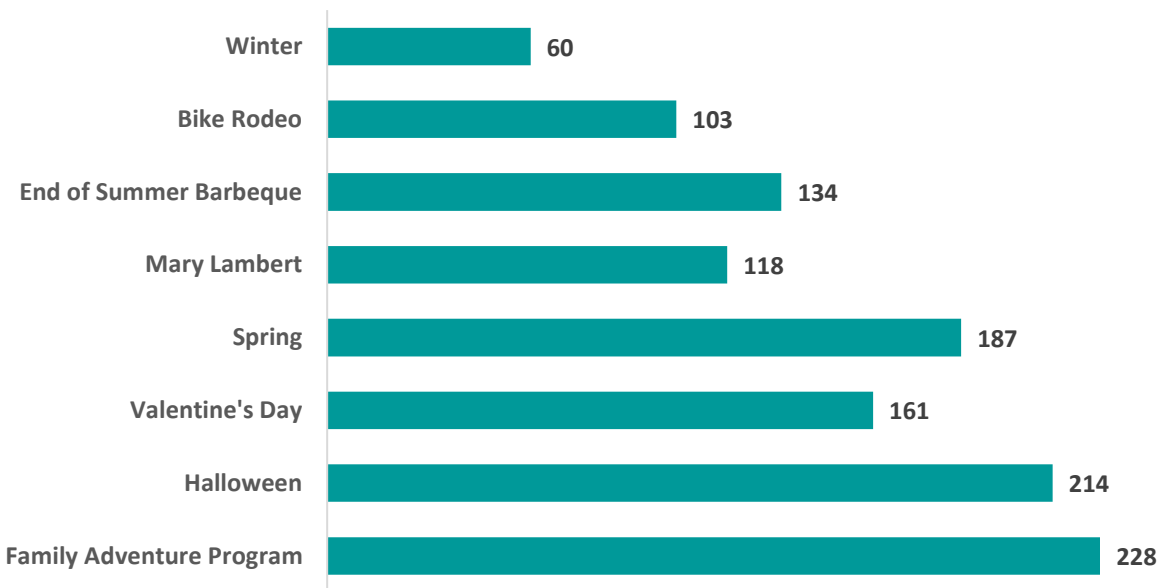
In December, in partnership with **Feast to Friendship**, children and guardians from the Parent Link Centre joined the seniors for singing, lunch and Christmas themed crafts. It is the vision of FCSS to ensure that seniors are connected to the community and the Feast to Friendship initiative proved to be that vehicle to reduce isolation.

Parent Link Centre Special Events

In addition to daily programming featuring events to assist children with their motor skills, language and social and emotional development, special event activities are also designed to stimulate children's curiosity. The Parent Link Centre also provides parenting programs, tips and resources and is the instrument to provide valuable information, learning opportunities and community information to all.

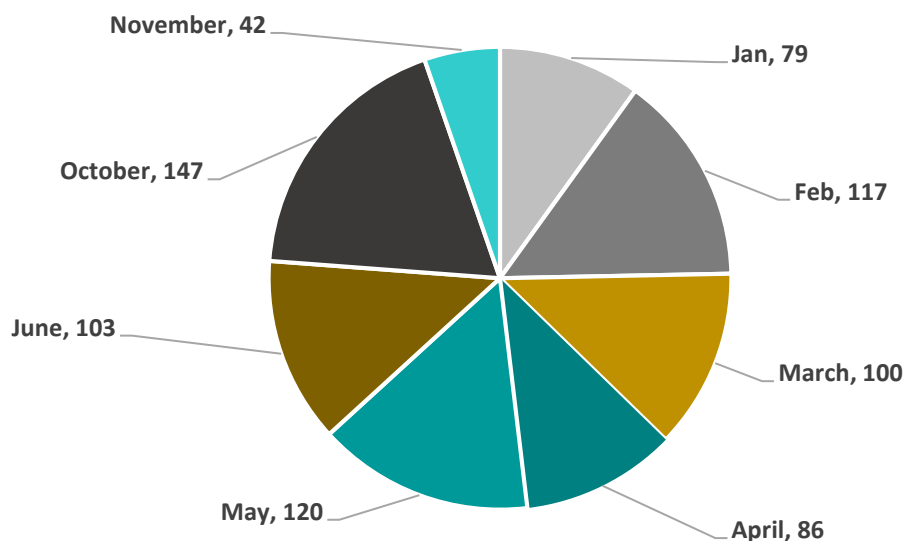


Parent Link Centre Special Events 2018



Another event which brings our families and community together about eight times a year is the Family Fun Night. Family Fun Nights are designed for community members to experience community togetherness and social interaction. The group shares a light meal where staff and guests come together. Afterwards there are family games and crafts.

Family Fun Nights 2018



Lakeland Parent Link Network Program: Cold Lake Site

Outcomes Measurement

Parent Link Centre Program Participant Survey 2018

<i>As a result of my participation at the Cold Lake Parent Link Centre....</i>	Strongly Agree	Agree	Disagree	Strongly Disagree	N/A
...I have learned about what I can expect my child to do at his or her age.	47%	49%	0%	0%	3%
...My knowledge of child development has increased.	46%	52%	2%	0%	0%
...I have learned things about parenting that I can use in my daily life.	47%	48%	2%	0%	3%
...I have learned new ways to respond to my child(ren)'s behavior.	52%	39%	2%	0%	7%
...My knowledge of positive parenting strategies has increased.	49%	47%	2%	0%	2%
...I am more aware of services available to me and my family in this community.	64%	34%	0%	0%	2%
...I have made friends (connections) with people I have met at the centre.	58%	36%	2%	2%	2%
...My child(ren) benefitted from participating in the program	64%	34%	0%	0%	2%

<i>I am satisfied that the Cold Lake Parent Link Centre...</i>	Strongly Agree	Agree	Disagree	Strongly Disagree	N/A
... facility is welcoming and safe	83%	17%	0%	0%	0%
...has sufficient toys and equipment for the program	81%	19%	0%	0%	0%
... staff are welcoming and approachable	80%	20%	0%	0%	0%
...staff are skilled and knowledgeable about child development and parenting	84%	16%	0%	0%	0%
...program met my (and my child's/family's) expectations overall	81%	17%	0%	0%	2%

LPLN REGIONAL ADMINISTRATION AND PLC OUTREACH PROGRAM

Cold Lake has taken the opportunity to hold the Lakeland Parent Link Network (LPLN) contract with Child and Family Services for the fifth year. The Parent Link Network includes Bonnyville, Lac La Biche, St. Paul and Cold Lake.

“At each of these sites, parents can expect high-quality, accessible, community-based programs that comply with province-wide standards of excellence and respond to the changing needs of parents and families. This is done to promote family wellness, positive parent-child relationships, improve parenting knowledge and skills, foster optimal child development and ensure that children get a healthy start in life.”

The role of the LPLN Administrator is to keep a record of the region’s finances, as well as submitting mid-year and year-end reports to the province, entailing unique program users, participant surveys, and Triple P parenting outputs. Other notable projects include the monthly regional newsletter and calendar of events, planning regional activities for families, and finding unique training opportunities for the PLC programmers. The Administrator also acts as a liaison between the programmers and the management team.

The Parent Link Outreach Programmer offers programs in efforts to promote early childhood development within the Cold Lake area.

The Parent Link Outreach Facilitator introduced her new acronym, **PLOW** (Parent Link on Wheels) for the delivery of monthly outreach programming. In January, PLOW met with families for early childhood development opportunities in the **Cherry Grove Hall** and in the **Seniors’ Centre** in Cold Lake. Additionally, the Facilitator began her monthly visits to the **Cold Lake Food Bank** with information on family programming and activities. Parent education included **Kids Have Stress Too** and **Emotion Coaching** at **North Star Elementary School**.

The PLC Outreach partnered with the Early Childhood Development Coordinator at **Alberta Health Services**, and the Parent Link Centre. The six-week **Sensory Exploration** program provided the opportunity for children to navigate their environment by engaging in a variety of sensory experiences including an obstacle course and messy play. It also provided opportunities for early childhood development in the six developmental domains of fine motor, gross motor, communication, personal-social, problem solving and social emotional skills. This program was developed as a result of Early Development Instrument Data that was released early 2018 and in response to families completing the Ages and Stages Questionnaires.



After the great success FCSS had on Valentine's Day partnering older adults with children from the Parent Link Outreach Program, we were encouraged to adopt more programming around family and adult relationships and support. The ***Ice Cream Social*** at the ***Cold Lake Hospital*** demonstrates how the community welcomes and values young children. The children provided meaningful actions by serving the ice cream to the seniors. Families learn empowerment by performing simple caring actions to others. This is a great event to also teach all people about community connectedness and social engagement.



Douglas Country Creative Play offers an outside adventure for young children to play in the koi pond, mine for gold and visit the fairy village. When children play outdoors, it facilitates cognitive, physical, social, and emotional well-being. Children learn many things and develop self-confidence and awareness of their surroundings. They explore and learn valuable life lessons.



Hosted at the Provincial Park in partnership with ***Boreal Forest Guides***, families had an opportunity to learn about the plants in the park and how they can be used or avoided. Families are also encouraged to hike and participate with their children throughout the duration of the program which includes a scavenger hunt, plant identification, tree dating, fairy house building, javelin target practice, and a craft. Families are encouraged to engage their children in discussions around boundaries by staying on the trail and integrity by following instructions, and self-regulation. This program benefits physical health, enables exploration, and is a rewarding experience for young children. The children also have an opportunity for free play at our Provincial Park playground. It allows for parents to connect with one another and it fosters a sense of appreciating natural play while engaging the senses.

OUTCOME MEASURES

Every local FCSS program and service offered to the community are based on the needs of that community. Outcome Measures help staff make decisions on the implementation of current programs and the development of new programs and services. Outcome measures provides FCSS with data on how their programs make a difference for individuals, families and communities. It shows the outcome of FCSS contributions of time and resources. It also helps local FCSS programs and stakeholders understand what programs and activities are most successful and where changes are needed, to make them work better.

For instance, there were 225 in attendance at the **Volunteer Appreciation** event in 2018. FCSS received completed surveys from 137 people. They were asked three questions on the impact of their volunteerism. Almost 100% agreed that they felt recognized by and important in the community while 90% felt that they had made the world a better place.

Guests of the Volunteer Appreciation Event were also asked to identify a unique experience of volunteerism that had an impact on them. We received fifty eight positive responses. These are a few of the replies.

- ★ Cold Lake Food Bank and Community Supper make me feel the most valued and that I am making an impact.
- ★ Getting to work with a fun group like Best Buddies really highlights the importance of friendship, inclusion and having a sense of community and belonging.
- ★ Coaching has had an incredible impact on me as I continue to watch youth learn, grow and achieve their goals.

The Cold Lake Youth Council gathers monthly to discuss issues of importance to their peer group. The Cold Lake Youth Council played an important role in the development of the City of Cold Lake's public transportation service by sharing a survey that was undertaken by Cold Lake youth. The Youth Council makes an impact in the Cold Lake community through their volunteerism.

At the end of the year, in the post event survey of the **Cold Lake Youth Council**, the following questions were asked.

- ★ I am more involved in civic processes and what happens in my community.
- ★ I get more opportunities to help make my neighbourhood and community a better place.
- ★ Cold Lake Youth Council has helped me feel that I can make a difference.
- ★ I feel that what I have to offer is more appreciated by my neighbourhood/community.

In all responses there was 100 percent positive feedback from all members of the Cold Lake Youth Council.

The Cold Lake Better Brains Conference was a collaboration with **Portage College**, FCSS and the **Alberta Family Wellness Initiative**, who provide education on the science behind early childhood brain development.

“As a community, when we identify how and when to support children and families in the course of development, we can change how the story unfolds so that all of us, regardless of background and life circumstances, have the chance to lead happier, healthier lives, build stronger communities, and reduce risk for mental health problems, including addiction.”

The conference, led by Dr. Nicole Sherren, Scientific Director from the Palix Foundation was intended to provide attendees with a deeper understanding of the core story of brain development and its link to addiction and mental health and the impact of toxic stress on health and wellness. A measurement of the conference is as follows.

- ★ As a result of the Better Brains Conference I am more aware of how children change as they learn and grow. 88% agreed with this statement.
- ★ As a result of the Better Brains Conference my organization has more of the necessary skills to help address this community social issue. There was 79% agreement with this statement.
- ★ 85% of the participants agreed that as a result of the Better Brains Conference they developed better working relationships with other community agencies.

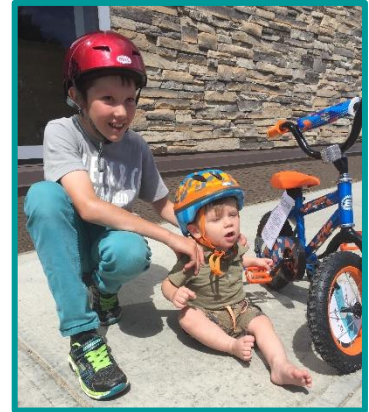
FCSS considers these outcome measures as very good results. Combined with the comments from course members, in the future FCSS will include a component that would provide more tools in the course outline, allowing participants to acquire the skills needed to address the issue.

Community Registration Day is a very big annual event in Cold Lake. Once a year, organizations unite under one roof to showcase their programs and services. FCSS was able to elicit responses from 59 individual family members. Almost 100% of respondents agreed that as a result of community registration day, they were more aware of what was happening in their community.

The **Feast to Friendship** luncheon for isolated seniors was intended to improve their quality of life by reducing the isolation. Outcomes measures proves that this was highly successful as 100% of participants agreed with the following statements.

- ★ As a result of the Feast to Friendship Luncheons, I feel more connected to a group of people who share my beliefs and values.
- ★ As a result of the Feast to Friendship Luncheons, I am more connected with others in my community.
- ★ As a result of the Feast to Friendship Luncheons, I know more about how to access the community resources I need.

PROGRAMMING IN FOCUS



2018 Annual Recreation Report



City of Cold Lake



Cold Lake Marina	<p>Due to the late spring melt/thaw, installation of the marina docks was delayed, but through the tenacious and dedicated efforts of operational staff, the Marina was open to the boating public midway through the May long weekend. Dock chains were monitored daily and adjusted for fluctuations in water levels. A couple of significant summer storms along with fluctuating water levels resulted in a number of dock units being removed at seasons end for more repairs.</p> <p>In preparation for the annual Snow Fever festivities, Parks operations made two skating surfaces on the lake surface at the Marina. Sagar Properties oversaw the day to day operations of the Marina and also were in charge of fuel, maintenance and overnight security. Sagar Properties crew also assisted with building the marina shinny rinks.</p>
Marina Building	<p>2018 also saw the leasing of the former Waters Edge restaurant to a local proprietor who opened Johnny Waffles in the late summer. Operational staff were tasked with the removal of selected large appliances to storage including a double decker pizza oven.</p>
Marina Slip Allocations	<p>All 236 slips in the marina were allocated in 2018.</p>
Marina Wait List	<p>There are 189 individuals on the Marina Waitlist. In 2018, 19 slips became available and were filled by people off the waitlist.</p>

Energy Centre

The Energy Centre increased their programming for 2018 and brought the community through the doors. There were many events held in 2018 whether it was the sold-out Nelly concert in the Reid Fieldhouse, or events such as Yuk Yuks and Dueling Pianos, attendance numbers grew from the previous year. The Energy Centre was busy all year hosting galas, tradeshow, and parties. The Wellness Centre increased their equipment and continued to develop more programs to offer the community.

2018 saw the completion of the third expansion phase of the Energy Centre, which consists of a new (second) ice surface along with a “high performance” climbing wall, a new lounge space overlooking both ice surfaces, additional meeting rooms, office spaces, and additional storage space. The second ice surface necessitated the installation of a third compressor to the ice plant system. Construction was completed in late July with the ice skating surface made for the September opening. A few minor changes were completed after opening including safety netting along the north wall and re-location of the score clock to the northeast corner for better visibility.

There are still a few more details to be completed in 2019 including installation of the skating harness, installation of privacy walls in the new dressing room for Cold Lake Figure Skating Club, and the purchase of furnishings for the new lounge and the newly extended main corridor/north entrance.

2018 also saw the inaugural season for the Cold Lake Wings Jr. A Hockey club as a member of the Western Provinces (WPHL) Division of the United States Hockey League (USHL). Accommodations were made to assign the team with a dedicated dressing room. This room was renovated in December to provide individual player stalls and a coach’s wall, along with stick and coat racks at the entrance into the room.

Operations took ownership of a new Zamboni 526 ice resurfacer unit. The new unit was equipped with some new operational features including a new snow auger wash system, and a new electronic diagnostic system which will allow for remote monitoring of unit operations with the intent to develop more efficient operational procedures as well as more timely maintenance and troubleshooting capabilities.

Local entrepreneurs leased the lower concession space in the Imperial Oil Place Arena to open a new Booster Juice franchise to offer a healthy choice alternatives to the traditional burger and fries found in most arena facilities. Construction/renovations began in October and completed in time for the scheduled “soft” opening in mid-December

Revenue	PARTICIPANTS		REVENUE		
	2017	2018	2017	2018	
	FACILITY DROP INS	6,182	5,892	\$36,401	\$37,349
	PROGRAM DROP INS	-	-	\$5,146	\$3,739
	FITNESS PROGRAM REGISTRATIONS	596	483	\$30,874	\$17,313
ENERGY CENTRE RENTALS	--	--	\$110,848	\$80,622	
Memberships	2017		2018		
	ENERGY CENTRE MEMBERSHIPS				
	New Members	677	328		
	Renewed Members	2,121	1,027		
	Expired Members	1,609	1,091		
	SCHOOL MEMBERSHIPS				
	School Members	169	212		
	PORTAGE COLLEGE STUDENT MEMBERSHIP REVENUE				
	Recreation Fees	\$27,081.19	\$21,902.43		

Event Programmer

January 13th was our first Mascot Skate Day – Eight organizations with a total of 100 community members attended.

The 4th annual Snow Fever (previously referred to as Winter Fest) was held at the Cold Lake Marina on February 18th. There was a hot dog/marshmallow roast over an open fire, Ice on Whyte came back again to dazzle the crowd with their ice sculptures, ice slide, and ice carving lessons. A few other activities that took place included a pond hockey tournament, sleigh rides and a sugar shack.

March 29th marked our first Easter Eggstravaganza and it was a huge success! There were games, crafts, cookie decorating, bouncy castles and sparkles tattoos. We had approximately 1,000 people out on Thursday evening for the event – a great way to start the long weekend!

We kicked off our concert calendar this year with Nelly on April 20th. Not only was it a sold out show but it was the most profitable concert of 2018!

The Energy Centre staff joined in on celebrating Senior's Week on June 8th, where we saw local seniors come out and enjoy a morning filled with fitness classes, bingo, flower arranging, pickle ball, and a BBQ lunch followed the jam packed morning.

Canada 150 really set the bar for our annual celebration and this year Cold Lake took over the Marina to the Kinosoo Beach. Family activities took place throughout the day and the festivities continued into the evening with 90s band, Prozzak! The celebrations didn't stop there as we capped off the night with an amazing display of fireworks down at the Cold Lake Marina. On July 20th we kicked off the 4 Wing Air Show with our Full Throttle Street Festival, taking over 50th street. We lined the street with bouncy castles, video arcades, family activities, a 144' x 86' beer garden and a huge mobile sound stage. Big Sugar headlined the event and 4 Wing joined us for a CF-18 fly-over.

Aqua Day was held down at Kinosoo Beach on August 5th. This year marked the 5th annual Cardboard Boat Races with 12 teams entered to compete for the winning title. There were also bouncy castles, water inflatables, face painting, foam pit, local Lakeland vendors, a sand station and a free community BBQ. The day was a huge success for the community! Community Registration Day was held at the Energy Centre on August 25th. This event is held in conjunction with 4 Wing, Cold Lake Community Learning, and the City of Cold Lake. Approximately 71 organizations participated in this community event.

On September 16th the Terry Fox Run was held down at the Cold Lake Marina, this year we were plagued with inclement weather, rain, sleet and high winds. This led to lower participation – only 51 participants that helped to raise \$ 3,855 for the Terry Fox Organization.

We hosted John Mellencamp and 1,400 community members enjoyed an unforgettable concert. It was part of the Sad Clowns and Hillbillies Tour. This concert brought in \$11,263.75 in revenue. The City of Cold Lake, 4 Wing, and The Royal Canadian Legion 211 partnered once again for the Remembrance Day ceremonies which were held in the Imperial Oil Place Arena with 2000 attendees. A luncheon was held after the ceremonies in the Reid Field House. The Santa Claus Parade was held on November 30th on Cold Lake Main Street, there were approximately 65 businesses and local organizations that entered floats this year.

On December 15th the Reid Field house was rocking out to the Duelling Pianos. The duelling pianos were performed by Kickstart Entertainment, followed by a local DJ. The event grew in size from the year prior, selling almost 100 more tickets in 2018.

Programming

DATES	EVENT	ATTENDANCE
JANUARY		
9, 16, 23, & 30	KIDS ZONE	26 YOUTH
13	MASCOT SKATE DAY	100 PEOPLE
FEBRUARY		
6, 13, 20 & 27	KIDS ZONE	27 YOUTH
10 & 16	BOUNCY CASTLE DAY	225 YOUTH
18	SNOW FEVER	700 PEOPLE
24	NERF GUN WARS	100 PEOPLE
MARCH		
6, 13, 2, & 27	KIDS ZONE	27 YOUTH
9	NO SCHOOL FRIDAY	13 YOUTH
10	BOUNCY CASTLE DAY	211 YOUTH
17	NERF GUN WARS	114 PEOPLE
28	CL MINOR HOCKEY BANQUET	480 ATTENDEES
29	EASTER EGGSTRAVAGANZA	1000 ATTENDEES
APRIL		
3, 6, 10, 17 & 24	KIDS ZONE	40 YOUTH
6	YUK YUKS	249 TICKETS /\$3,950 REVENUE
8	BOUNCY CASTLE DAY	113 YOUTH
13 – 15	COLD LAKE CHAMBER OF COMMERCE HOME AND LEISURE TRADESHOW	2500 ATTENDEES
20	NELLY CONCERT	1200 TICKETS/ \$12,659 REVENUE
20	NO SCHOOL FRIDAY	7 YOUTH
20 – 22	CO-ED HOCKEY TOURNAMENT	7 TEAMS PARTICIPATED
21	NERF GUN WARS	94 PEOPLE
21	FUNERAL	900 ATTENDEES
28 – 29	WANNA DANCE? COMPETITION	49 DANCES PERFORMED
MAY		
4	PORTAGE COLLEGE SPRING FLING	1200 ATTENDEES
5	NERF GUNS WARS BIRTHDAY LAUNCH	3/5 TIME SLOTS FILLED
18	NO SCHOOL FRIDAY	3 YOUTH
20	NERF GUN WARS	120 PEOPLE
24	DEREK SEQUIN 43.0 WARNING MAY CONTAIN NUTS SHOW	50 PEOPLE
26	BOUNCY CASTLE DAY	632 YOUTH
JUNE		
8	SENIORS DAY	80 PEOPLE
9	BOUNCY CASTLE DAY	44 YOUTH
24	NERF GUN WARS	92 PEOPLE
28 -29	CL HIGH SCHOOL GRADUATION	888 SPECTATORS
JULY		
1	CANADA DAY	7500 ATTENDEES
14	BOUNCY CASTLE DAY	47 YOUTH
20	FULL THROTTLE EVENT	1000S IN ATTENDANCE
28	NERF GUN WARS	17 PEOPLE

AUGUST	5	AQUA DAY	3000 ATTENDEES
	11	NERF GUN WARS	39 PEOPLE
	25	COMMUNITY REGISTRATION DAY	71 COMMUNITY GROUPS PARTICIPATED
	25	MOVIE NIGHT – JAWS	100 PEOPLE
	26	BOUNCY CASTLE DAY	131 YOUTH
SEPTEMBER	9	NERF GUN WARS	92 PEOPLE
	16	TERRY FOX RUN	50 PARTICIPANTS & \$3,855.00 RAISED
	21	YUK YUK'S	201 TICKETS/ \$983.92 REVENUE
OCTOBER			
	2, 9, 16, 23 & 30	KIDS ZONE	38 YOUTH
	6	MOVIE NIGHT - MOANA	40 PEOPLE
	7	NERF GUN WARS	
	12	FOWL LIFE SOCIAL	136 TICKETS/ \$1,922.06 REVENUE
	13	FUNERAL	900 ATTENDEES
	20	FUNERAL	650 ATTENDEES
	28	BOUNCY CASTLE DAY	106 YOUTH
NOVEMBER	1	JOHN MELLENCAMP	1400 TICKETS/ \$11,263.75 REVENUE
	6, 13 & 27	KIDS ZONE	24 YOUTH
	11	REMEMBRANCE DAY	APPROXIMATELY 2000 ATTENDEES
	17	BOUNCY CASTLE DAY	18 YOUTH
	30	SANTA CLAUS PARADE	65 COMPANIES/NON-PROFITS PARTICIPATED
DECEMBER	1	PRIMCO DENE CHRISTMAS PARTY	350 ATTENDEES
	7	WORLD JUNIORS HOCKEY GAME	640 ATTENDEES
	9	ESSO CHRISTMAS PARTY	
	4, 11 & 18	KIDS ZONE	15 YOUTH
	15	DUELING PIANOS	357 TICKETS/ \$5,989.13 REVENUE
	15	HOCKEY FOR HEROES	
	16	SKATE WITH SANTA	75 PEOPLE
	27	NERF GUN WARS	77 PEOPLE
	28	MOVIE NIGHT – JURASSIC WORLD: FALLEN KINGDOM	54 PEOPLE
	29	BOUNCY CASTLE DAY	157 YOUTH

<p>Wellness Programmer</p>	<p>In 2018, the Wellness Centre and Fitness Rooms added the following new equipment, replacement equipment and the general upkeep.</p> <p>New Fitness Equipment Included: (2) <i>Technogym Step Mills</i> were added to the current cardio lease and the <i>InBody270 Body Composition Analyzer</i>.</p> <p>All replacement items included the following: Weight Lifting Platform w/ Energy Centre logo (1); Upright benches (2); Resistance bands (30); Weight Scale (1); Stability Balls (12); Plyometric box (1); Speed ropes (10); Barre & Express Barre Fitness Class equipment (2019 start); Blender Balls (25); Gliding Disks (25); Barre wooden dowel stands (3).</p> <p>Wellness Centre Technogym weight equipment was reupholstered to black leather upholstery pads (was red previously) and the continual upkeep and maintenance.</p> <p>The following is a list of all the new Fitness Programs that were introduced in 2018: Total Body Fire; TRX Mash Up; Seniors Weight Lifting; Seniors Circuit; Cardio Sculpt; and Power Hour.</p> <p>The following is a list of all the new fitness clinics offered in 2018: AFLCA – Fitness Theory Course and Exam. AFLCA – Group Fitness w/ Portable Equipment Designation and Exam.</p>
<p>Recreation Programmer</p>	<p>The City offered the following camps in 2018:</p> <p>February - Badminton Clinic March - Destroyers Spring Lacrosse Camp July - HITT Volleyball Summer Camp July – 3D Printer Camp July – Glass Works Art Camp July/August – Multi Sport NBC Camp July - NBC Basketball Summer X1 August – Art Camp w/Mrs. Dunn August - Skateboard and Scooter Camp November - NBC Fall Basketball Camp</p> <p>We added two new monthly programs: Nerf Gun Wars program and Bouncy House Days.</p> <p>We held two Co-ed Adult Hockey Tournaments in 2018 and also offered 50+ Shinny and Lunchtime Shinny as Arena Drop -In Programs.</p>

Arenas	<p>Upon the request of representatives of Cold Lake Minor Hockey, a decision was formalized to continue with operation of the Cold Lake North Arena for the 2018-2019 ice skating season and potentially beyond.</p> <p>As there were concerns with the operation of the existing ice plant, a decision was made to decommission the system and bring in a temporary ice plant system. This necessitated the installation of a new (larger) power transformer to provide sufficient power to operate the external ice plant.</p>
Reid Fieldhouse	<p>Minor Soccer and Lakeland Lacrosse booked the majority of the time in the field house this year. With Drop In programs and events filling the extra time. Drop in Pickle ball has continued to be successful. We have a number of timeslots available for the public.</p>
Rock Climbing Wall	<p>The rock climbing wall was completed in 2018, and set to open in 2019. Staff interviews were held in December and will continue into January 2019. Staff are busy getting everything set up and are excited for the opening in early 2019.</p>
Imperial Park	<p>Construction of the new pickle ball court facility was completed in 2018. The facility consists of eight courts, each separated from its neighbor by a 4 foot high fence. 2019 will see the facility outfitted with a windscreen which will be a welcome addition to the increasing number of participants to this growing sport.</p> <p>Construction of new grandstand building and artificial turf field began in early 2018. This new facility is situated just east across the parking lot from the newly constructed Energy Centre Arena addition. Installation of the turf field was completed in October. Work continues to this day on the grandstand building with anticipated opening in the spring/summer of 2019. In addition to the grandstand building, other items yet to be completed included the installation of the entrance archway, football/rugby uprights, score clock, field lighting, security fencing and final landscaping of the berm and field perimeter.</p> <p>Training of operational staff on the maintenance of the turf field is scheduled for 2019. In addition for 2019 will be the construction of a maintenance building to house turf maintenance equipment and necessary supplies.</p>

Cold Lake Golf & Winter Club	This was the sixth season since the City of Cold Lake took on the operations for the Golf and Winter Club and the second season of complete turf maintenance responsibilities. The maintenance staff made a positive impact on course conditions in 2018, and members and guests noticed drastic improvements. Over 9000 rounds of golf were played at CLGWC in 2018 which is over a 10% increase from the year prior.			
Statistics and Revenues	Event	Participants	Revenue	
	Men’s Open	46	Curling Ice Rentals	\$45,737.62
	Ladies Open	55	Green Fees	\$131,515.01
	Senior Open	35	Memberships	\$66,169.32
	Swing and Sweep	40	Cart & Club Rentals	\$86,839.49
	Club Championships	27	Pro Shop Sales	\$109,656.74
	61 st Anniversary	80	Advertising	\$13,100.00
	Ladies Night	15-40	Other	\$10,916.50
	Men’s Night	8-26		
	Military Members	62		
	Total Members	103		
	Total Rounds Played	9214 rounds		
Events	The facility accepted 295 bookings over the course of the year. This included all golf and curling leagues, golf and curling tournaments, all meeting room bookings, and all events that took place on the golf course and in the curling rink throughout 2018. There were 16 misc. events that booked in 2018. These are meetings or events that do not involve curling or golf.			
Golf	The course was booked for 32 events. This includes all corporate, club, and school bookings. The Men’s, Ladies’, and Senior’s Leagues ran 55 times total and maintained their numbers relative to the previous year. The Men’s Open had a 64% increase in numbers, while other tournaments remained constant or saw a small decrease. Membership increased by over 10% in 2018.			
Course Maintenance	One of the major projects completed on the course was the installation of a new drainage system between the fairways of Holes #3 and #4. Work was completed following the conclusion of the golfing season in October. The area will require new sod in 2019, along with consideration to plant additional trees in strategic locations between the two fairways to provide a more defined separation as well as penalizing the occasional wayward tee shot. From the golf maintenance perspective, 2018 was a good year. Feedback from patrons on course conditions was extremely positive. An unseasonably warm fall season also led to extended play for the harden golf enthusiast, many from neighboring courses, hopefully leading to additional patronage or new memberships from those whom would not have played the course otherwise.			

<p>Parks</p>	<p>Plans were initiated to expand two existing playgrounds on 4Wing Cold Lake – Evergreen Park and Birch Park. This work was completed in July with both park play areas expanded approximately 1200 square feet each to accommodate a handful of new stand-alone play features for continued enjoyment of local residents.</p> <p>Other park/playground improvements included installation of new park signage at selected playgrounds throughout the city, and the completion of a new section of paved walking trail along Palm Creek (Cold Lake South) between 53rd and 54th Avenues west of 57th/58th Streets.</p> <p>Parks operations was also tasked with installing Christmas decorations on light poles along Highway 28 through the City to the Marina, and installing and maintaining banners along Highway 28 and on 1st Avenue along Kinosoo Beach.</p> <p>Parks operations also attends to the proper operation and maintenance of the splash park on 4Wing Cold Lake. In 2019, there are plans for a new playground installation adjacent to the splash park on 4 Wing Cold Lake as well as consideration to repaint the markings on the splash park pad.</p>
<p>Cemeteries</p>	<p>Operations continue to provide regular maintenance to both cemetery facilities (Lakeview in the North and Grand Centre Memorial Park in the South) including grass cutting, garbage/litter detail and snow removal (winter), as well as plot marking as required.</p>
<p>Greenspaces</p>	<p>The City continues to participate in the Communities in Bloom Program with enthusiastic parks staff facilitating and participating in the local committee. Some of the events hosting including a plant exchange and pruning course. More events and activities are being scheduled for 2019 as the committee plans move forward in the program.</p> <p>As part of the CiB Program, inspections identified three major areas within City limits that had become infested with Common Tansy, a prohibitive noxious weed. A total area of 551,290 square meters of public lands were addressed. Continued inspection and spraying for the presence of noxious and prohibitive noxious weeds will be the order of business going forward.</p> <p>Parks operations continued with its regular level of services in 2018 including, garbage detail throughout the City, maintaining hanging floral baskets along Main Street and various ornamental displays throughout the City – service level was expanded to provide additional displays at FCSS and Fire Services building. During the winter months, operations have been busy with maintaining snow removal duties along Millennium Trail and its various connector routes as well as bus stops along the trail and major crosswalk along Highway 28.</p> <p>Entrance sails were repaired and re-installed in time for the commencement of the tourist season and inspected to ensure that they would be able to weather the winter season.</p>

Outdoor Rinks	<p>During the winter months, the two outdoor skating rinks were flooded and readied for public use in time for the Christmas break. These facilities are maintained on a weekly or as needed basis (weather and time/resources permitting) throughout the winter season.</p>
Kinosoo Beach	<p>Operational staff were involved in the installation of the newly acquired Zip Line at Kinosoo Beach. Contractors conducted the initial installation which Parks staff observed, while Parks staff were tasked with its removal as seasons end.</p> <p>Parks operations were also tasked with daily/regular maintenance of the facility throughout the summer season which included daily “raking” of the beach sand, garbage detail, and splash park start up/shutdown and regular maintenance, and seasonal installation and removal of the swim markers.</p> <p>Kinosoo Beach/Park was expanded to facilitate the install of a new playground structure. The new installation has a play area measuring approximately 4500 square feet on the upper tier of the park space created through the removal of a significant portion of an existing stand of trees. The installation is appropriate for children 5 – 12 years of age and has been a welcome addition to residents of the area and community.</p> <p>The lower and west park areas was outfitted with an irrigation system, and the area below the new playground installation was partially sodded. System will be operated and maintained by Parks operations in 2019.</p> <p>2019 will see the remaining park area around the new playground installation landscaped and sodded, with a potential removal of the remaining forest and expansion of the irrigation system into this area in the coming years.</p>