

<b>PRESENT</b>	Kim Schmitz Carol Patenaude Candice Sutterfield Chris Vandeborn Roderick Hickey Gina Olofson Ben Fadeyiw	FCSS Manager Recording Secretary Advisory Committee Member Advisory Committee Member Advisory Committee Chair Advisory Committee Co-Chair MD of Bonnyville Council Member
<b>ABSENT (with regrets)</b>	Jürgen Grau	City of Cold Lake Council Member
<b>ABSENT (without regrets)</b>	Meagon Anishinabe	Advisory Committee Member
<b>GUEST</b>	Glenn Barnes	City of Cold Lake Community Services General Manager
<b>CALL TO ORDER</b>	<b><u>1.0 Call to Order</u></b> R. Hickey, FCSS Advisory Committee Chair called the November 4, 2019 FCSS Advisory Committee meeting to order at 6:01 p.m.	
<b>AGENDA</b>	<b><u>2.0 Adoption of Agenda</u></b>  <b>Additional Items</b> The FCSS Manager asked that item 7.2 Bylaws be added to Item 7. New Business.  <b>Member Highlights</b> None  <b>Disclosure of Interest</b> None  <b>Adoption of Agenda</b> B. Fadeyiw moved to accept the agenda for the Cold Lake and District FCSS Advisory Committee November 4, 2019 meeting as amended.	<b>CARRIED</b>
<b>MINUTES</b>	<b><u>3.0 Adoption of Minutes</u></b> C. Vandeborn moved to accept the minutes for the October 7, 2019 FCSS Advisory Committee Meeting as presented.	<b>CARRIED</b>
<b>MONTHLY REPORT</b>	<b><u>4.0 Monthly Report</u></b> The FCSS Manager reviewed the October Monthly Report for information only. The Program Assistant position has been filled. He is a recent graduate of the Portage College Social Work program and a current Board Member with the Cold Lake Friendship Centre. FCSS has also hired a temporary replacement for the LPLN Administrator and Outreach Facilitator beginning November 6. She holds a Bachelor of Education degree specializing in autism. Our third new employee, the FCSS Receptionist started at the beginning of October and comes with a wealth of experience. FCSS finished three interim reports for the Early Childhood Development Grant, the Indigenous Grant and the PLC Grant. One current Parent Link Facilitator, who was also the temporary LPLN Administrator has been assisting the FCSS Manager to complete the LPLN and PLC reporting. She also continues to take on her duties of Parent Link Facilitator.	

**MONTHLY  
REPORT  
(CONTINUED)**

About 140 people passed through the Parent Link Centre on Hallowe'en. Staff spent quality time interacting with participants. This event replaced past parties that we felt were too large for quality interactions.

Recently there has been a substantial number of referrals from St. Therese, the St. Paul Healthcare Centre. We have been seeing a pattern of self-destructive behaviours and addictions. There needs to be access to detox services and supportive living in this area.

We are almost maxed out with our counselling hours; there has been some difficulty in the past with referrals too complex for our services; we offer brief solution-focused counselling. We can also refer children to the Adolescent Mental Health program in Bonnyville. FCSS tries not to offer couples counselling as most short term counselling is about 3 or 4 weeks while couples counselling tends to require a minimum of six sessions.

The FCSS Manager attended a symposium of mental health professionals. The symposium is a platform for furthering conversation around mental health. It is the FCSS Manager's aim to attend and take part in future discussions. C. Sutterfield also attended and agreed that there is valuable information stemming from the meetings. Alberta Health Services, Addictions has developed a nine-part addiction series, which is helpful for people living with addictions. The FCSS Manager added that our counsellors are committed to continue the 2020 counselling services. FCSS is waiting on Imperial's decision on the status of the counselling grant.

C. Sutterfield asked about the Men's Shed Open House. Approximately thirty men met with Age Friendly Cold Lake Society representatives. The society is picking up steam and considering their options on rentals.

The FCSS Manager and three committee members attended the Strengthening Volunteer Board Workshop in October. It was a valuable use of their time. The FCSS Manager has created a list of action items, which is available for anyone to peruse.

B. Fadeyiw inquired about Seniors' Services, noticing the numbers have increased from 2017. The FCSS Manager detailed a range of new services from Seniors' Week to Feast to Friendship, which will continue to host luncheons for isolated seniors. Engagement numbers are higher as a result of the committee being more proactive and following the eight pillars to serve specific seniors in our community.

G. Barnes noted the increase in Family Services numbers and the changing numbers for the Parent Link Centre. The Parent Link Centre is transitioning; numbers are down across the Lakeland Region. We are seeing new families yet there are many variables with attendance. FCSS can make and has made a concerted effort to tap into resources and encourage engagement. The FCSS Manager also noted that even when the PLC made significant changes, which included asking parents to put away cell phones, people may have been unhappy but continued to frequent the centre.

C. Sutterfield expressed an interest in Lakeland Centre for FASD partnering with the Parent Link Outreach, to bring PLOW to Cold Lake First Nations through the maternal health program. FCSS will reach out to the Lakeland Centre for FASD for further discussion.

FCSS has processed 364 files for the Community Volunteer Income Tax Program, which is a significant increase from 2018.

The program guide for January to June is at Communications for first edits.

FCSS is working with the Healthy Choices Count Coalition, who have developed a new alcohol abuse series under the initiative.

The FCSS Manager attended the last Inter-City Forum on Social Policy through teleconference in which Minister Sawhney was in attendance. The sound quality was very poor so it is the FCSS Manager's intention to travel to Calgary for future meetings.

The Meals on Wheels program is going well; we lost one volunteer driver, a new driver will start in a couple of weeks.

The Aging Well Cold Lake Society has written eight articles in the Respect paper on the facets of aging, relating to the WHO's eight areas for municipalities to consider when creating age friendly communities.

*MM*  
11/11

- FINANCIAL REPORT**      **5.0 Financial Report**  
The FCSS Manager reviewed the October 2019 Financial Report for information only. For the two expense items of training and programming, FCSS has received grant funding to cover the overages.
- OLD BUSINESS**      **6.0 Old Business**  
None
- NEW BUSINESS**      **7.0 New Business**  
**7.1 Special Project Grant Application**  
**7.1.1. Ronald McDonald House Charities Alberta – Meals that Mend: Lakeland Edition**  
  
B. Fadeyiw moved to grant the Ronald House Charities Alberta the full amount of \$1,000 requested for the Meals that Mend: Lakeland Edition.  
**CARRIED**  
  
G. Barnes requested a spreadsheet detailing funding under the FCSS Special Project Grant for current and previous year to be made available at each meeting.  
  
**7.2 FCSS Advisory Committee Bylaw**  
Committee members were given a copy of the bylaws to review for changes at the January meeting.
- OTHER BUSINESS**      **8.0 Other Business**  
**8.1 Business Conducted by Email**  
None
- COMMITTEE ATTENDANCE**      **9.0 FCSS Advisory Committee Attendance**  
**9.1 Reports on Committee Attendance**  
C. Vandeborn, G. Olofson and C. Sutterfield attended the Strengthening Volunteer Board Workshop. To recap, it was well presented and well run, with a good use of time.
- SUGGESTIONS FOR COMMITTEE ATTENDANCE**      **9.2 Suggestions for Committee Attendance**  
  - Bus Drivers Coffee Break on Thursday November 7, 9:30 am at FCSS
  - Family Fun Night, November 27, 5:00 pm at the Parent Link Centre
  - FCSSAA Conference on November 27 to 29 in Edmonton
- ROUNDTABLE**      **10.0 Round Table**  
None
- NEXT MEETING**      **11.0 Next Meeting**  
The next meeting is scheduled for January 13, 2020.
- ADJOURNMENT**      **12.0 Adjournment**  
R. Hickey, Advisory Committee Chair adjourned the Cold Lake and District FCSS November 4, 2019 FCSS Advisory Committee meeting at 7:57 p.m.



COLD LAKE AND DISTRICT  
FCSS ADVISORY COMMITTEE MINUTES  
MONDAY NOVEMBER 4, 2019  
FCSS, 6:00 PM

A handwritten signature in cursive script, appearing to read 'Kim Schmidt', written over a horizontal line.

K. Schmidt,  
FCSS Manager

A handwritten signature in cursive script, appearing to read 'R. Hickey', written over a horizontal line.

R. Hickey,  
FCSS Advisory Committee Chair