

Creating an Age Friendly Cold Lake

Report to Cold Lake City Council

August 11, 2020

Where it
began....



Aging Well in Communities Grant

March 2019-March 2020

- Change the conversation about aging....

- Ask local residents how they feel about getting older in Cold Lake....
- What's good and what could change....

Age Friendly Cities

World Health Organization



What we heard.....

Outdoor Spaces and Buildings

Parks,
playgrounds and
trails

Infrastructure

Bylaws

Transportation

Out of Town

In Town

In the Area

Housing

Affordable
options

Need
options

Placement
options

Social Participation

Variety of
options

Isolation

What we heard....

Respect and Social Inclusion

Ageism

Consideration of needs/wants

Respect all year

Employment and Civic Participation

Want to work
AND Have to work

Want to contribute

Communication and Information

“not sure....”

Community Support and Health Services

Access

Hospital

In-home

Private

Mental Health

Prevention

City of Cold Lake actions

Commit to organizational awareness and planning.

Participate in organization-wide discussion regarding aging and the components of an age-friendly community.

Complete an organization-wide assessment of current policy and infrastructure.

Include needed changes in budgets over time.

Include age-friendly design principles in all future planning.

Facilitate a coordinated community approach to planning.

- Sponsor the formation of a community advisory committee tasked with making needed community-wide change.
- Have the committee report regularly to City Council

City of Cold Lake actions

Encourage community awareness and support.

- Make a public commitment to establishing an age-friendly community.
- Encourage other community sectors to get on board.
- Use City resources to raise awareness of the issues of aging and the importance of community support.

Become a designated “Age Friendly” community.

- Make application to become a designated Age Friendly Community through the Government of Alberta.

Why do we
want an
age
friendly
Cold Lake?

Because....

