

**From:** Jessica Kinsella [<mailto:coordinator@acaging.ca>]

**Sent:** August 7, 2020 8:59 AM

**Subject:** October 1 - Celebrate International Day of Older Persons

## Alberta Council on Aging



### October 1 - Celebrate International Day of Older Persons with us!

Greetings,

Alberta Council on Aging calls on Albertan municipalities and their various organizations to join in celebrating [International Day of Older Persons](#) on October 1, 2020.

This year marks the 75th Anniversary of the United Nations and the 30th Anniversary of the International Day of Older Persons (UNIDOP). This year has also seen the emergence of COVID-19 which has caused an upheaval across the world. It has also raised the question: **How do pandemics change how we address age and ageing?**

Marking this day emphasizes the value of seniors and raises awareness about the inequalities and barriers older adults face. **Let us also recognize and celebrate positive age and honor the older adults in our communities.**

Alberta Council on Aging thanks the following communities that declared International Day of Older Persons in 2019: Province of Alberta, Sexsmith, Grande Prairie, Bonnyville, St. Paul, Lac la Biche, Legal, Red Deer, Barrhead, Drayton Valley, Calmar, Ponoka, Calgary, Edmonton (Sage Seniors Association), Okotoks, Medicine Hat (Chinook Village), and Bruderheim.

Our hope this year is **all** communities will commemorate International Day of Older Persons. How might you do this?

#### **Declare International Day of Older Persons**

Make a proclamation to declare October 1 as International Day of Older Persons.

#### **Host an Event**

Celebrate age in your community showcasing your older adults through local and social media. Attached you will find the following support documents. Let me know if you have any questions.

1. Letter of Invite
2. 2020 IDOP Declaration Template

Let us celebrate together! I look forward to hearing from you.

Kind regards,

**Jessica Kinsella**

Volunteer Coordinator

[coordinator@acaging.ca](mailto:coordinator@acaging.ca)

Work Cell: 780-977-7462